

Figure 10.1 *The relationship between perceived stress and physical symptomatology for individuals low and high in social support (based on Cohen & Hoberman, 1983).*

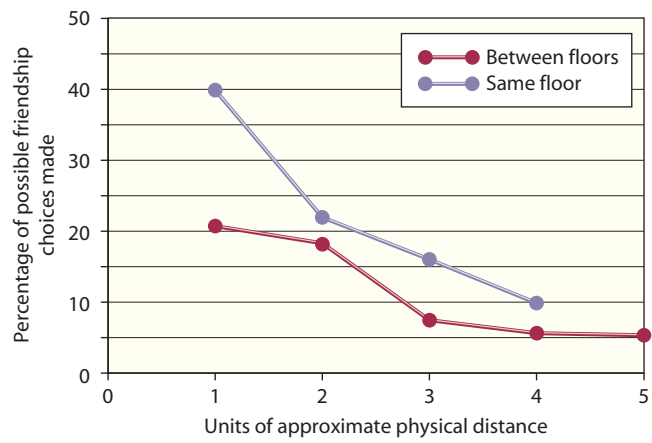


Figure 10.2 *Propinquity and friendship choice (based on Festinger et al., 1950).*

Classical Music (check one)

- I dislike classical music very much.
- I dislike classical music.
- I dislike classical music to a slight degree.
- I enjoy classical music to a slight degree.
- I enjoy classical music.
- I enjoy classical music very much.

Sports (check one)

- I enjoy sports very much.
- I enjoy sports.
- I enjoy sports to a slight degree.
- I dislike sports to a slight degree.
- I dislike sports.
- I dislike sports very much.

Welfare Legislation (check one)

- I am very much opposed to increased welfare legislation.
- I am opposed to increased welfare legislation.
- I am mildly opposed to increased welfare legislation.
- I am mildly in favour of increased welfare legislation.
- I am in favour of increased welfare legislation.
- I am very much in favour of increased welfare legislation.

War (check one)

- I feel strongly that war is sometimes necessary to solve world problems.
- I feel that war is sometimes necessary to solve world problems.
- I feel that perhaps war is sometimes necessary to solve world problems.
- I feel that perhaps war is never necessary to solve world problems.
- I feel that war is never necessary to solve world problems.
- I feel strongly that war is never necessary to solve world problems.

Strict Discipline (check one)

- I am very much against strict discipline of children.
- I am against strict discipline of children.
- I am mildly against strict discipline of children.
- I am mildly in favour of strict disciplining of children.
- I am in favour of strict disciplining of children.
- I am very much in favour of strict disciplining of children.

Divorce (check one)

- I am very much opposed to divorce.
- I am opposed to divorce.
- I am mildly opposed to divorce.
- I am mildly in favour of divorce.
- I am in favour of divorce.
- I am very much in favour of divorce.

Figure 10.3 Attitude similarity questionnaire (based on Byrne, 1971).

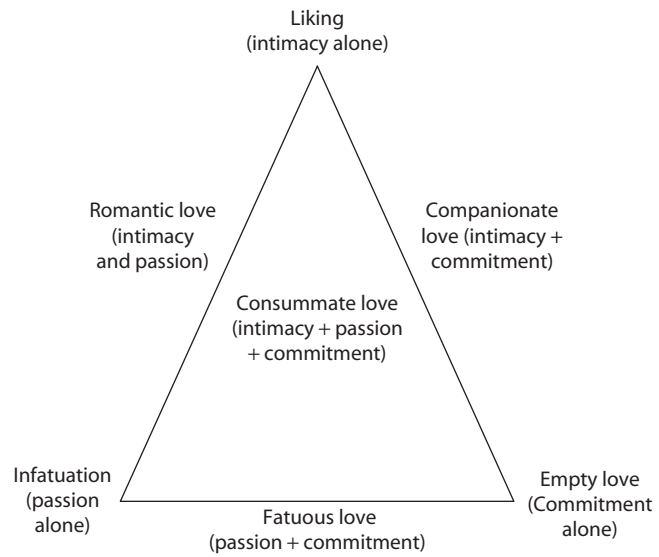


Figure 10.4 *The types of love as different combinations of the three components (Sternberg & Barnes, 1988).*

Question: Which of the following best describes your feelings?

Secure: I find it relatively easy to get close to others and am comfortable depending on them and having them depend on me. I don't often worry about being abandoned or about someone getting too close to me.

Avoidant: I am somewhat uncomfortable being close to others; I find it difficult to trust them completely, difficult to allow myself to depend on them. I am nervous when anyone gets too close, and often love partners want to be more intimate than I feel comfortable being.

Anxious/Ambivalent: I find that others are reluctant to get as close as I would like. I often worry that my partner doesn't really love me or won't want to stay with me. I want to merge completely with another person, and this desire sometimes scares people away.

Figure 10.5 *Measure of attachment styles used by Hazan and Shaver (1987).*

		Views of self	
		Positive	Negative
Views of others	Positive	secure	preoccupied
	Negative	dismissing	fearful

Figure 10.6 *Four-category model of adult attachment*
(Bartholomew & Horowitz, 1991).

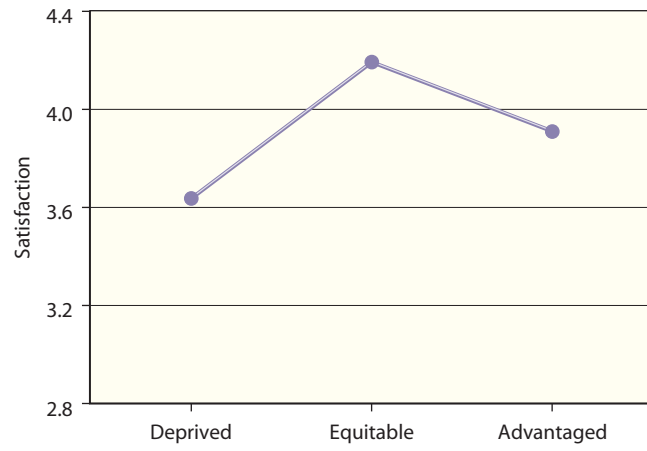


Figure 10.7 *Equity and satisfaction in intimate relationships* (based on Buunk & VanYperen, 1991).

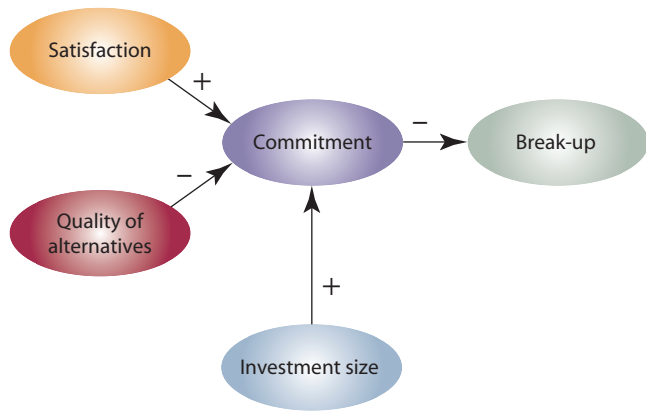


Figure 10.8 *The investment model.*