

*Part I*

# Classical Sources



# 1

## From *The Nicomachean Ethics*

Aristotle

### Book I, 7–8

*The good must be something final and self-sufficient. Definition of happiness reached by considering the characteristic function of man*

7. Let us again return to the good we are seeking, and ask what it can be. It seems different in different actions and arts; it is different in medicine, in strategy, and in the other arts likewise. What then is the good of each? Surely that for whose sake everything else is done. In medicine this is health, in strategy victory, in architecture a house, in any other sphere something else, and in every action and pursuit the end; for it is for the sake of this that all men do whatever else they do. Therefore, if there is an end for all that we do, this will be the good achievable by action, and if there are more than one, these will be the goods achievable by action.

So the argument has by a different course reached the same point; but we must try to state this even more clearly. Since there are evidently more than one end, and we choose some of these (e.g. wealth, flutes,<sup>1</sup> and in general instruments) for the sake of something else, clearly not all ends are final ends; but the chief good is evidently something final. Therefore, if there is only one final end, this will be what we are seeking, and if there are more than one, the most final of these will be what we are seeking. Now we call that which is in itself worthy of pursuit more final than that which is worthy of pursuit for the sake of something else, and that which is never desirable for the sake of something else more final than the things

Aristotle, *The Nicomachean Ethics*, W. D. Ross, trans. (Oxford: Oxford University Press, 1998), pp. 11–17, 28–47, 63–78, 137–58.

that are desirable both in themselves and for the sake of that other thing, and therefore we call final without qualification that which is always desirable in itself and never for the sake of something else.

Now such a thing happiness, above all else, is held to be; for this we choose always for itself and never for the sake of something else, but honour, pleasure, reason, and every virtue we choose indeed for themselves (for if nothing resulted from them we should still choose each of them), but we choose them also for the sake of happiness, judging that through them we shall be happy. Happiness, on the other hand, no one chooses for the sake of these, nor, in general, for anything other than itself.

From the point of view of self-sufficiency the same result seems to follow; for the final good is thought to be self-sufficient. Now by self-sufficient we do not mean that which is sufficient for a man by himself, for one who lives a solitary life, but also for parents, children, wife, and in general for his friends and fellow citizens, since man is born for citizenship. But some limit must be set to this; for if we extend our requirement to ancestors and descendants and friends' friends we are in for an infinite series. Let us examine this question, however, on another occasion;<sup>2</sup> the self-sufficient we now define as that which when isolated makes life desirable and lacking in nothing; and such we think happiness to be; and further we think it most desirable of all things, not a thing counted as one good thing among others – if it were so counted it would clearly be made more desirable by the addition of even the least of goods; for that which is added becomes an excess of goods, and of goods the greater is always more desirable. Happiness, then, is something final and self-sufficient, and is the end of action.

Presumably, however, to say that happiness is the chief good seems a platitude, and a clearer account of what it is is still desired. This might perhaps be given, if we could first ascertain the function of man. For just as for a flute-player, a sculptor, or any artist, and, in general, for all things that have a function or activity, the good and the 'well' is thought to reside in the function, so would it seem to be for man, if he has a function. Have the carpenter, then, and the tanner certain functions or activities, and has man none? Is he born without a function? Or as eye, hand, foot, and in general each of the parts evidently has a function, may one lay it down that man similarly has a function apart from all these? What then can this be? Life seems to belong even to plants, but we are seeking what is peculiar to man. Let us exclude, therefore, the life of nutrition and growth. Next there would be a life of perception, but *it* also seems to be shared even by the horse, the ox, and every animal. There remains, then, an active life of the element that has a rational principle; of this, one part has such

a principle in the sense of being obedient to one, the other in the sense of possessing one and exercising thought. And, as 'life of the rational element' also has two meanings, we must state that life in the sense of activity is what we mean; for this seems to be the more proper sense of the term. Now if the function of man is an activity of soul which follows or implies a rational principle, and if we say 'a so-and-so' and 'a good so-and-so' have a function which is the same in kind, e.g. a lyre-player and a good lyre-player, and so without qualification in all cases, eminence in respect of goodness being added to the name of the function (for the function of a lyre-player is to play the lyre, and that of a good lyre-player is to do so well): if this is the case [and we state the function of man to be a certain kind of life, and this to be an activity or actions of the soul implying a rational principle, and the function of a good man to be the good and noble performance of these, and if any action is well performed when it is performed in accordance with the appropriate excellence: if this is the case], human good turns out to be activity of soul exhibiting excellence, and if there are more than one excellence, in accordance with the best and most complete.

But we must add 'in a complete life'. For one swallow does not make a summer, nor does one day; and so too one day, or a short time, does not make a man blessed and happy.

Let this serve as an outline of the good; for we must presumably first sketch it roughly, and then later fill in the details. But it would seem that any one is capable of carrying on and articulating what has once been well outlined, and that time is a good discoverer or partner in such a work; to which facts the advances of the arts are due; for any one can add what is lacking. And we must also remember what has been said before,<sup>3</sup> and not look for precision in all things alike, but in each class of things such precision as accords with the subject-matter, and so much as is appropriate to the inquiry. For a carpenter and a geometer investigate the right angle in different ways; the former does so in so far as the right angle is useful for his work, while the latter inquires what it is or what sort of thing it is; for he is a spectator of the truth. We must act in the same way, then, in all other matters as well, that our main task may not be subordinated to minor questions. Nor must we demand the cause in all matters alike; it is enough in some cases that the *fact* be well established, as in the case of the first principles; the fact is a primary thing and first principle. Now of first principles we see some by induction, some by perception, some by a certain habituation, and others too in other ways. But each set of principles we must try to investigate in the natural way, and we must take pains to determine them correctly, since they have a

great influence on what follows. For the beginning is thought to be more than half of the whole, and many of the questions we ask are cleared up by it.

*Our definition is confirmed by current beliefs about happiness*

8. But we must consider happiness in the light not only of our conclusion and our premisses, but also of what is commonly said about it; for with a true view all the data harmonize, but with a false one the facts soon clash. Now goods have been divided into three classes,<sup>4</sup> and some are described as external, others as relating to soul or to body; we call those that relate to soul most properly and truly goods, and psychical actions and activities we class as relating to soul. Therefore our account must be sound, at least according to this view, which is an old one and agreed on by philosophers. It is correct also in that we identify the end with certain actions and activities; for thus it falls among goods of the soul and not among external goods. Another belief which harmonizes with our account is that the happy man lives well and fares well; for we have practically defined happiness as a sort of living and faring well. The characteristics that are looked for in happiness seem also, all of them, to belong to what we have defined happiness as being. For some identify happiness with virtue, some with practical wisdom, others with a kind of philosophic wisdom, others with these, or one of these, accompanied by pleasure or not without pleasure; while others include also external prosperity. Now some of these views have been held by many men and men of old, others by a few eminent persons; and it is not probable that either of these should be entirely mistaken, but rather that they should be right in at least some one respect, or even in most respects.

With those who identify happiness with virtue or some one virtue our account is in harmony; for to virtue belongs virtuous activity. But it makes, perhaps, no small difference whether we place the chief good in possession or in use, in state of mind or in activity. For the state of mind may exist without producing any good result, as in a man who is asleep or in some other way quite inactive, but the activity cannot; for one who has the activity will of necessity be acting, and acting well. And as in the Olympic Games it is not the most beautiful and the strongest that are crowned but those who compete (for it is some of these that are victorious), so those who act win, and rightly win, the noble and good things in life.

Their life is also in itself pleasant. For pleasure is a state of *soul*, and to each man that which he is said to be a lover of is pleasant; e.g. not only

is a horse pleasant to the lover of horses, and a spectacle to the lover of sights, but also in the same way just acts are pleasant to the lover of justice and in general virtuous acts to the lover of virtue. Now for most men their pleasures are in conflict with one another because these are not by nature pleasant, but the lovers of what is noble find pleasant the things that are by nature pleasant; and virtuous actions are such, so that these are pleasant for such men as well as in their own nature. Their life, therefore, has no further need of pleasure as a sort of adventitious charm, but has its pleasure in itself. For, besides what we have said, the man who does not rejoice in noble actions is not even good; since no one would call a man just who did not enjoy acting justly, nor any man liberal who did not enjoy liberal actions; and similarly in all other cases. If this is so, virtuous actions must be in themselves pleasant. But they are also *good* and *noble*, and have each of these attributes in the highest degree, since the good man judges well about these attributes; his judgement is such as we have described.<sup>5</sup> Happiness then is the best, noblest, and most pleasant thing in the world, and these attributes are not severed as in the inscription at Delos –

Most noble is that which is justest, and best is health;  
But most pleasant it is to win what we love.

For all these properties belong to the best activities; and these, or one – the best – of these, we identify with happiness.

Yet evidently, as we said,<sup>6</sup> it needs the external goods as well; for it is impossible, or not easy, to do noble acts without the proper equipment. In many actions we use friends and riches and political power as instruments; and there are some things the lack of which takes the lustre from happiness – good birth, goodly children, beauty; for the man who is very ugly in appearance or ill-born or solitary and childless is not very likely to be happy, and perhaps a man would be still less likely if he had thoroughly bad children or friends or had lost good children or friends by death. As we said,<sup>7</sup> then, happiness seems to need this sort of prosperity in addition; for which reason some identify happiness with good fortune, though others identify it with virtue.

## Notes

- 1 Strictly, double-reed instruments.
- 2 i. 10, 11, ix. 10.

3 1094<sup>b</sup>11–27.

4 Pl. *Euthyd.* 279 AB, *Phil.* 48 E, *Laws*, 743 E.

5 I.e., he judges that virtuous actions are good and noble in the highest degree.

6 1098<sup>b</sup>26–29.

7 Ibid.

## Book II – Moral Virtue

### *Moral virtue, how produced, in what medium and in what manner exhibited*

*Moral virtue, like the arts, is acquired by repetition of the corresponding acts*

1. Virtue, then, being of two kinds, intellectual and moral, intellectual virtue in the main owes both its birth and its growth to teaching (for which reason it requires experience and time), while moral virtue comes about as a result of habit, whence also its name (*ἡθικὴ*) is one that is formed by a slight variation from the word *ἔθος* (habit). From this it is also plain that none of the moral virtues arises in us by nature; for nothing that exists by nature can form a habit contrary to its nature. For instance the stone which by nature moves downwards cannot be habituated to move upwards, not even if one tries to train it by throwing it up ten thousand times; nor can fire be habituated to move downwards, nor can anything else that by nature behaves in one way be trained to behave in another. Neither by nature, then, nor contrary to nature do the virtues arise in us; rather we are adapted by nature to receive them, and are made perfect by habit.

Again, of all the things that come to us by nature we first acquire the potentiality and later exhibit the activity (this is plain in the case of the senses; for it was not by often seeing or often hearing that we got these senses, but on the contrary we had them before we used them, and did not come to have them by using them); but the virtues we get by first exercising them, as also happens in the case of the arts as well. For the things we have to learn before we can do them, we learn by doing them, e.g. men become builders by building and lyre-players by playing the lyre; so too we become just by doing just acts, temperate by doing temperate acts, brave by doing brave acts.

This is confirmed by what happens in states; for legislators make the citizens good by forming habits in them, and this is the wish of every legislator, and those who do not effect it miss their mark, and it is in this that a good constitution differs from a bad one.

Again, it is from the same causes and by the same means that every virtue is both produced and destroyed, and similarly every art; for it is

from playing the lyre that both good and bad lyre-players are produced. And the corresponding statement is true of builders and of all the rest; men will be good or bad builders as a result of building well or badly. For if this were not so, there would have been no need of a teacher, but all men would have been born good or bad at their craft. This, then, is the case with the virtues also; by doing the acts that we do in our transactions with other men we become just or unjust, and by doing the acts that we do in the presence of danger, and by being habituated to feel fear or confidence, we become brave or cowardly. The same is true of appetites and feelings of anger; some men become temperate and good-tempered, others self-indulgent and irascible, by behaving in one way or the other in the appropriate circumstances. Thus, in one word, states of character arise out of like activities. This is why the activities we exhibit must be of a certain kind; it is because the states of character correspond to the differences between these. It makes no small difference, then, whether we form habits of one kind or of another from our very youth; it makes a very great difference, or rather *all* the difference.

*These acts cannot be prescribed exactly, but must avoid excess and defect*

2. Since, then, the present inquiry does not aim at theoretical knowledge like the others (for we are inquiring not in order to know what virtue is, but in order to become good, since otherwise our inquiry would have been of no use), we must examine the nature of actions, namely how we ought to do them; for these determine also the nature of the states of character that are produced, as we have said.<sup>1</sup> Now, that we must act according to the right rule is a common principle and must be assumed – it will be discussed later,<sup>2</sup> i.e. both what the right rule is, and how it is related to the other virtues. But this must be agreed upon beforehand, that the whole account of matters of conduct must be given in outline and not precisely, as we said at the very beginning<sup>3</sup> that the accounts we demand must be in accordance with the subject-matter; matters concerned with conduct and questions of what is good for us have no fixity, any more than matters of health. The general account being of this nature, the account of particular cases is yet more lacking in exactness; for they do not fall under any art or precept, but the agents themselves must in each case consider what is appropriate to the occasion, as happens also in the art of medicine or of navigation.

But though our present account is of this nature we must give what help we can. First, then, let us consider this, that it is the nature of such things to be destroyed by defect and excess, as we see in the case of

strength and of health (for to gain light on things imperceptible we must use the evidence of sensible things); exercise either excessive or defective destroys the strength, and similarly drink or food which is above or below a certain amount destroys the health, while that which is proportionate both produces and increases and preserves it. So too is it, then, in the case of temperance and courage and the other virtues. For the man who flies from and fears everything and does not stand his ground against anything becomes a coward, and the man who fears nothing at all but goes to meet every danger becomes rash; and similarly the man who indulges in every pleasure and abstains from none becomes self-indulgent, while the man who shuns every pleasure, as boors do, becomes in a way insensible; temperance and courage, then, are destroyed by excess and defect, and preserved by the mean.

But not only are the sources and causes of their origination and growth the same as those of their destruction, but also the sphere of their actualization will be the same; for this is also true of the things which are more evident to sense, e.g. of strength; it is produced by taking much food and undergoing much exertion, and it is the strong man that will be most able to do these things. So too is it with the virtues; by abstaining from pleasures we become temperate, and it is when we have become so that we are most able to abstain from them; and similarly too in the case of courage; for by being habituated to despise things that are fearful and to stand our ground against them we become brave, and it is when we have become so that we shall be most able to stand our ground against them.

*Pleasure in doing virtuous acts is a sign that the virtuous disposition has been acquired: a variety of considerations show the essential connexion of moral virtue with pleasure and pain*

3. We must take as a sign of states of character the pleasure or pain that supervenes upon acts; for the man who abstains from bodily pleasures and delights in this very fact is temperate, while the man who is annoyed at it is self-indulgent, and he who stands his ground against things that are terrible and delights in this or at least is not pained is brave, while the man who is pained is a coward. For moral excellence is concerned with pleasures and pains; it is on account of the pleasure that we do bad things, and on account of the pain that we abstain from noble ones. Hence we ought to have been brought up in a particular way from our very youth, as Plato says,<sup>4</sup> so as both to delight in and to be pained by the things that we ought; this is the right education.

Again, if the virtues are concerned with actions and passions, and every passion and every action is accompanied by pleasure and pain, for this reason also virtue will be concerned with pleasures and pains. This is indicated also by the fact that punishment is inflicted by these means; for it is a kind of cure, and it is the nature of cures to be effected by contraries.

Again, as we said but lately,<sup>5</sup> every state of soul has a nature relative to and concerned with the kind of things by which it tends to be made worse or better; but it is by reason of pleasures and pains that men become bad, by pursuing and avoiding these – either the pleasures and pains they ought not or when they ought not or as they ought not, or by going wrong in one of the other similar ways that may be distinguished. Hence men<sup>6</sup> even define the virtues as certain states of impassivity and rest; not well, however, because they speak absolutely, and do not say ‘as one ought’ and ‘as one ought not’ and ‘when one ought or ought not’, and the other things that may be added. We assume, then, that this kind of excellence tends to do what is best with regard to pleasures and pains, and vice does the contrary.

The following facts also may show us that virtue and vice are concerned with these same things. There being three objects of choice and three of avoidance, the noble, the advantageous, the pleasant, and their contraries, the base, the injurious, the painful, about all of these the good man tends to go right and the bad man to go wrong, and especially about pleasure; for this is common to the animals, and also it accompanies all objects of choice; for even the noble and the advantageous appear pleasant.

Again, it has grown up with us all from our infancy; this is why it is difficult to rub off this passion, engrained as it is in our life. And we measure even our actions, some of us more and others less, by the rule of pleasure and pain. For this reason, then, our whole inquiry must be about these; for to feel delight and pain rightly or wrongly has no small effect on our actions.

Again, it is harder to fight with pleasure than with anger, to use Heraclitus’ phrase, but both art and virtue are always concerned with what is harder; for even the good is better when it is harder. Therefore for this reason also the whole concern both of virtue and of political science is with pleasures and pains; for the man who uses these well will be good, he who uses them badly bad.

That virtue, then, is concerned with pleasures and pains, and that by the acts from which it arises it is both increased and, if they are done differently, destroyed, and that the acts from which it arose are those in which it actualizes itself – let this be taken as said.

*The actions that produce moral virtue are not good in the same sense as those that flow from it: the latter must fulfil certain conditions not necessary in the case of the arts*

4. The question might be asked, what we mean by saying<sup>7</sup> that we must become just by doing just acts, and temperate by doing temperate acts; for if men do just and temperate acts, they are already just and temperate, exactly as, if they do what is in accordance with the laws of grammar and of music, they are grammarians and musicians.

Or is this not true even of the arts? It is possible to do something that is in accordance with the laws of grammar, either by chance or under the guidance of another. A man will be a grammarian, then, only when he has both said something grammatical and said it grammatically; and this means doing it in accordance with the grammatical knowledge in himself.

Again, the case of the arts and that of the virtues are not similar; for the products of the arts have their goodness in themselves, so that it is enough that they should have a certain character, but if the acts that are in accordance with the virtues have themselves a certain character it does not follow that they are done justly or temperately. The agent also must be in a certain condition when he does them; in the first place he must have knowledge, secondly he must choose the acts, and choose them for their own sakes, and thirdly his action must proceed from a firm and unchangeable character. These are not reckoned in as conditions of the possession of the arts, except the bare knowledge; but as a condition of the possession of the virtues knowledge has little or no weight, while the other conditions count not for a little but for everything, i.e. the very conditions which result from often doing just and temperate acts.

Actions, then, are called just and temperate when they are such as the just or the temperate man would do; but it is not the man who does these that is just and temperate, but the man who also does them *as* just and temperate men do them. It is well said, then, that it is by doing just acts that the just man is produced, and by doing temperate acts the temperate man; without doing these no one would have even a prospect of becoming good.

But most people do not do these, but take refuge in theory and think they are being philosophers and will become good in this way, behaving somewhat like patients who listen attentively to their doctors, but do none of the things they are ordered to do. As the latter will not be made well in body by such a course of treatment, the former will not be made well in soul by such a course of philosophy.

*Definition of moral virtue*

*The genus of moral virtue: it is a state of character, not a passion, nor a faculty*

5. Next we must consider what virtue is. Since things that are found in the soul are of three kinds – passions, faculties, states of character – virtue must be one of these. By passions I mean appetite, anger, fear, confidence, envy, joy, friendly feeling, hatred, longing, emulation, pity, and in general the feelings that are accompanied by pleasure or pain; by faculties the things in virtue of which we are said to be capable of feeling these, e.g. of becoming angry or being pained or feeling pity; by states of character the things in virtue of which we stand well or badly with reference to the passions, e.g. with reference to anger we stand badly if we feel it violently or too weakly, and well if we feel it moderately; and similarly with reference to the other passions.

Now neither the virtues nor the vices are *passions*, because we are not called good or bad on the ground of our passions, but are so called on the ground of our virtues and our vices, and because we are neither praised nor blamed for our passions (for the man who feels fear or anger is not praised, nor is the man who simply feels anger blamed, but the man who feels it in a certain way), but for our virtues and our vices we *are* praised or blamed.

Again, we feel anger and fear without choice, but the virtues are modes of choice or involve choice. Further, in respect of the passions we are said to be moved, but in respect of the virtues and the vices we are said not to be moved but to be disposed in a particular way.

For these reasons also they are not *faculties*; for we are neither called good or bad, nor praised or blamed, for the simple capacity of feeling the passions; again, we have the faculties by nature, but we are not made good or bad by nature; we have spoken of this before.<sup>8</sup>

If, then, the virtues are neither passions nor faculties, all that remains is that they should be *states of character*.

Thus we have stated what virtue is in respect of its genus.

*The differentia of moral virtue: it is a disposition to choose the mean*

6. We must, however, not only describe virtue as a state of character, but also say what sort of state it is. We may remark, then, that every virtue or excellence both brings into good condition the thing of which it is the excellence and makes the work of that thing be done well; e.g. the excellence of the eye makes both the eye and its work good; for it is by

the excellence of the eye that we see well. Similarly the excellence of the horse makes a horse both good in itself and good at running and at carrying its rider and at awaiting the attack of the enemy. Therefore, if this is true in every case, the virtue of man also will be the state of character which makes a man good and which makes him do his own work well.

How this is to happen we have stated already,<sup>9</sup> but it will be made plain also by the following consideration of the specific nature of virtue. In everything that is continuous and divisible it is possible to take more, less, or an equal amount, and that either in terms of the thing itself or relatively to us; and the equal is an intermediate between excess and defect. By the intermediate in the object I mean that which is equidistant from each of the extremes, which is one and the same for all men; by the intermediate relatively to us that which is neither too much nor too little – and this is not one, nor the same for all. For instance, if ten is many and two is few, six is the intermediate, taken in terms of the object; for it exceeds and is exceeded by an equal amount; this is intermediate according to arithmetical proportion. But the intermediate relatively to us is not to be taken so; if ten pounds are too much for a particular person to eat and two too little, it does not follow that the trainer will order six pounds; for this also is perhaps too much for the person who is to take it, or too little – too little for Milo,<sup>10</sup> too much for the beginner in athletic exercises. The same is true of running and wrestling. Thus a master of any art avoids excess and defect, but seeks the intermediate and chooses this – the intermediate not in the object but relatively to us.

If it is thus, then, that every art does its work well – by looking to the intermediate and judging its works by this standard (so that we often say of good works of art that it is not possible either to take away or to add anything, implying that excess and defect destroy the goodness of works of art, while the mean preserves it; and good artists, as we say, look to this in their work), and if, further, virtue is more exact and better than any art, as nature also is, then virtue must have the quality of aiming at the intermediate. I mean moral virtue; for it is this that is concerned with passions and actions, and in these there is excess, defect, and the intermediate. For instance, both fear and confidence and appetite and anger and pity and in general pleasure and pain may be felt both too much and too little, and in both cases not well; but to feel them at the right times, with reference to the right objects, towards the right people, with the right motive, and in the right way, is what is both intermediate and best, and this is characteristic of virtue. Similarly with regard to actions also there is excess, defect, and the intermediate. Now virtue is concerned with

passions and actions, in which excess is a form of failure, and so is defect, while the intermediate is praised and is a form of success; and being praised and being successful are both characteristics of virtue. Therefore virtue is a kind of mean, since, as we have seen, it aims at what is intermediate.

Again, it is possible to fail in many ways (for evil belongs to the class of the unlimited, as the Pythagoreans conjectured, and good to that of the limited), while to succeed is possible only in one way (for which reason also one is easy and the other difficult – to miss the mark easy, to hit it difficult); for these reasons also, then, excess and defect are characteristic of vice, and the mean of virtue;

For men are good in but one way, but bad in many.

Virtue, then, is a state of character concerned with choice, lying in a mean, i.e. the mean relative to us, this being determined by a rational principle, and by that principle by which the man of practical wisdom would determine it. Now it is a mean between two vices, that which depends on excess and that which depends on defect; and again it is a mean because the vices respectively fall short of or exceed what is right in both passions and actions, while virtue both finds and chooses that which is intermediate. Hence in respect of what it is, i.e. the definition which states its essence, virtue is a mean, with regard to what is best and right an extreme.

But not every action nor every passion admits of a mean; for some have names that already imply badness, e.g. spite, shamelessness, envy, and in the case of actions adultery, theft, murder; for all of these and suchlike things imply by their names that they are themselves bad, and not the excesses or deficiencies of them. It is not possible, then, ever to be right with regard to them; one must always be wrong. Nor does goodness or badness with regard to such things depend on committing adultery with the right woman, at the right time, and in the right way, but simply to do any of them is to go wrong. It would be equally absurd, then, to expect that in unjust, cowardly, and voluptuous action there should be a mean, an excess, and a deficiency; for at that rate there would be a mean of excess and of deficiency, an excess of excess, and a deficiency of deficiency. But as there is no excess and deficiency of temperance and courage because what is intermediate is in a sense an extreme, so too of the actions we have mentioned there is no mean nor any excess and deficiency, but however they are done they are wrong; for in general there is neither a mean of excess and deficiency, nor excess and deficiency of a mean.

*The above proposition illustrated by reference to particular virtues*

7. We must, however, not only make this general statement, but also apply it to the individual facts. For among statements about conduct those which are general apply more widely, but those which are particular are more true, since conduct has to do with individual cases, and our statements must harmonize with the facts in these cases. We may take these cases from our table. With regard to feelings of fear and confidence courage is the mean; of the people who exceed, he who exceeds in fearlessness has no name (many of the states have no name), while the man who exceeds in confidence is rash, and he who exceeds in fear and falls short in confidence is a coward. With regard to pleasures and pains – not all of them, and not so much with regard to the pains – the mean is temperance, the excess self-indulgence. Persons deficient with regard to the pleasures are not often found; hence such persons also have received no name. But let us call them ‘insensible’.

With regard to giving and taking of money the mean is liberality, the excess and the defect prodigality and meanness. In these actions people exceed and fall short in contrary ways; the prodigal exceeds in spending and falls short in taking, while the mean man exceeds in taking and falls short in spending. (At present we are giving a mere outline or summary, and are satisfied with this; later these states will be more exactly determined.)<sup>11</sup> With regard to money there are also other dispositions – a mean, magnificence (for the magnificent man differs from the liberal man; the former deals with large sums, the latter with small ones), an excess, tastelessness and vulgarity, and a deficiency, niggardliness; these differ from the states opposed to liberality, and the mode of their difference will be stated later.<sup>12</sup>

With regard to honour and dishonour the mean is proper pride, the excess is known as a sort of ‘empty vanity’, and the deficiency is undue humility; and as we said<sup>13</sup> liberality was related to magnificence, differing from it by dealing with small sums, so there is a state similarly related to proper pride, being concerned with small honours while that is concerned with great. For it is possible to desire honour as one ought, and more than one ought, and less, and the man who exceeds in his desires is called ambitious, the man who falls short unambitious, while the intermediate person has no name. The dispositions also are nameless, except that that of the ambitious man is called ambition. Hence the people who are at the extremes lay claim to the middle place; and we ourselves sometimes call the intermediate person ambitious and sometimes unambitious, and sometimes praise the ambitious man and sometimes the unambitious. The

reason of our doing this will be stated in what follows;<sup>14</sup> but now let us speak of the remaining states according to the method which has been indicated.

With regard to anger also there is an excess, a deficiency, and a mean. Although they can scarcely be said to have names, yet since we call the intermediate person good-tempered let us call the mean good temper; of the persons at the extremes let the one who exceeds be called irascible, and his vice irascibility, and the man who falls short an unirascible sort of person, and the deficiency unirascibility.

There are also three other means, which have a certain likeness to one another, but differ from one another: for they are all concerned with intercourse in words and actions, but differ in that one is concerned with truth in this sphere, the other two with pleasantness; and of this one kind is exhibited in giving amusement, the other in all the circumstances of life. We must therefore speak of these too, that we may the better see that in all things the mean is praiseworthy, and the extremes neither praiseworthy nor right, but worthy of blame. Now most of these states also have no names, but we must try, as in the other cases, to invent names ourselves so that we may be clear and easy to follow. With regard to truth, then, the intermediate is a truthful sort of person and the mean may be called truthfulness, while the pretence which exaggerates is boastfulness and the person characterized by it a boaster, and that which understates is mock modesty and the person characterized by it mock-modest. With regard to pleasantness in the giving of amusement the intermediate person is ready-witted and the disposition ready wit, the excess is buffoonery and the person characterized by it a buffoon, while the man who falls short is a sort of boor and his state is boorishness. With regard to the remaining kind of pleasantness, that which is exhibited in life in general, the man who is pleasant in the right way is friendly and the mean is friendliness, while the man who exceeds is an obsequious person if he has no end in view, a flatterer if he is aiming at his own advantage, and the man who falls short and is unpleasant in all circumstances is a quarrelsome and surly sort of person.

There are also means in the passions and concerned with the passions; since shame is not a virtue, and yet praise is extended to the modest man. For even in these matters one man is said to be intermediate, and another to exceed, as for instance the bashful man who is ashamed of everything; while he who falls short or is not ashamed of anything at all is shameless, and the intermediate person is modest. Righteous indignation is a mean between envy and spite, and these states are concerned with the pain and pleasure that are felt at the fortunes of our neighbours; the man who is

characterized by righteous indignation is pained at undeserved good fortune, the envious man, going beyond him, is pained at all good fortune, and the spiteful man falls so far short of being pained that he even rejoices.<sup>15</sup> But these states there will be an opportunity of describing elsewhere;<sup>16</sup> with regard to justice, since it has not one simple meaning, we shall, after describing the other states, distinguish its two kinds and say how each of them is a mean;<sup>17</sup> and similarly we shall treat also of the rational virtues.<sup>18</sup>

*Characteristics of the extreme and mean states: practical corollaries*

*The extremes are opposed to each other and to the mean*

8. There are three kinds of disposition, then, two of them vices, involving excess and deficiency respectively, and one a virtue, viz. the mean, and all are in a sense opposed to all; for the extreme states are contrary both to the intermediate state and to each other, and the intermediate to the extremes; as the equal is greater relatively to the less, less relatively to the greater, so the middle states are excessive relatively to the deficiencies, deficient relatively to the excesses, both in passions and in actions. For the brave man appears rash relatively to the coward, and cowardly relatively to the rash man; and similarly the temperate man appears self-indulgent relatively to the insensible man, insensible relatively to the self-indulgent, and the liberal man prodigal relatively to the mean man, mean relatively to the prodigal. Hence also the people at the extremes push the intermediate man each over to the other, and the brave man is called rash by the coward, cowardly by the rash man, and correspondingly in the other cases.

These states being thus opposed to one another, the greatest contrariety is that of the extremes to each other, rather than to the intermediate; for these are further from each other than from the intermediate, as the great is further from the small and the small from the great than both are from the equal. Again, to the intermediate some extremes show a certain likeness, as that of rashness to courage and that of prodigality to liberality; but the extremes show the greatest unlikeness to each other; now contraries are defined as the things that are furthest from each other, so that things that are further apart are more contrary.

To the mean in some cases the deficiency, in some the excess, is more opposed; e.g. it is not rashness, which is an excess, but cowardice, which is a deficiency, that is more opposed to courage, and not insensibility, which is a deficiency, but self-indulgence, which is an excess, that is more

opposed to temperance. This happens from two reasons, one being drawn from the thing itself; for because one extreme is nearer and liker to the intermediate, we oppose not this but rather its contrary to the intermediate. E.g., since rashness is thought liker and nearer to courage, and cowardice more unlike, we oppose rather the latter to courage; for things that are further from the intermediate are thought more contrary to it. This, then, is one cause, drawn from the thing itself; another is drawn from ourselves; for the things to which we ourselves more naturally tend seem more contrary to the intermediate. For instance, we ourselves tend more naturally to pleasures, and hence are more easily carried away towards self-indulgence than towards propriety. We describe as contrary to the mean, then, rather the directions in which we more often go to great lengths; and therefore self-indulgence, which is an excess, is the more contrary to temperance.

*The mean is hard to attain, and is grasped by perception, not by reasoning*

9. That moral virtue is a mean, then, and in what sense it is so, and that it is a mean between two vices, the one involving excess, the other deficiency, and that it is such because its character is to aim at what is intermediate in passions and in actions, has been sufficiently stated. Hence also it is no easy task to be good. For in everything it is no easy task to find the middle, e.g. to find the middle of a circle is not for everyone but for him who knows; so, too, anyone can get angry – that is easy – or give or spend money; but to do this to the right person, to the right extent, at the right time, with the right motive, and in the right way, *that* is not for everyone, nor is it easy; wherefore goodness is both rare and laudable and noble.

Hence he who aims at the intermediate must first depart from what is the more contrary to it, as Calypso advises –

Hold the ship out beyond that surf and spray.<sup>19</sup>

For of the extremes one is more erroneous, one less so; therefore, since to hit the mean is hard in the extreme, we must as a second best, as people say, take the least of the evils; and this will be done best in the way we describe.

But we must consider the things towards which we ourselves also are easily carried away; for some of us tend to one thing, some to another; and this will be recognizable from the pleasure and the pain we feel. We must drag ourselves away to the contrary extreme; for we shall get into

the intermediate state by drawing well away from error, as people do in straightening sticks that are bent.

Now in everything the pleasant or pleasure is most to be guarded against; for we do not judge it impartially. We ought, then, to feel towards pleasure as the elders of the people felt towards Helen, and in all circumstances repeat their saying;<sup>20</sup> for if we dismiss pleasure thus we are less likely to go astray. It is by doing this, then, (to sum the matter up) that we shall best be able to hit the mean.

But this is no doubt difficult, and especially in individual cases; for it is not easy to determine both how and with whom and on what provocation and how long one should be angry; for we too sometimes praise those who fall short and call them good-tempered, but sometimes we praise those who get angry and call them manly. The man, however, who deviates little from goodness is not blamed, whether he do so in the direction of the more or of the less, but only the man who deviates more widely; for *he* does not fail to be noticed. But up to what point and to what extent a man must deviate before he becomes blameworthy it is not easy to determine by reasoning, any more than anything else that is perceived by the senses; such things depend on particular facts, and the decision rests with perception. So much, then, is plain, that the intermediate state is in all things to be praised, but that we must incline sometimes towards the excess, sometimes towards the deficiency; for so shall we most easily hit the mean and what is right.

## Notes

- 1 <sup>a</sup>31–<sup>b</sup>25.
- 2 vi. 13.
- 3 1094<sup>b</sup>11–27.
- 4 *Laws*, 653 A ff., *Rep.* 401 E–402 A.
- 5 <sup>a</sup>27–<sup>b</sup>3.
- 6 Probably Speusippus is referred to.
- 7 1103<sup>a</sup>31–<sup>b</sup>25, 1104<sup>a</sup>27–<sup>b</sup>3.
- 8 1103<sup>a</sup>18–<sup>b</sup>2.
- 9 1104<sup>a</sup>11–27.
- 10 A famous athlete.
- 11 v. 1.
- 12 1122<sup>a</sup>20–29, <sup>b</sup>10–18.
- 13 ll. 17–19.
- 14 <sup>b</sup>11–26, 1125<sup>b</sup>14–18.
- 15 Aristotle must mean that while the envious man is pained at the good fortune

of others, whether deserved or not, the spiteful man is pleased at the *bad* fortune of others, whether deserved or not. But if he had stated this in full, he would have seen that there is no real opposition.

- 16 The reference may be to the whole treatment of the moral virtues in iii. 6–iv. 9, or to the discussion of shame in iv. 9 and an intended corresponding discussion of righteous indignation, or to the discussion of these two states in *Rhet.* ii. 6, 9, 10.
- 17 1129<sup>a</sup>26–<sup>b</sup>1, 1130<sup>a</sup>14–<sup>b</sup>5, 1131<sup>b</sup>9–15, 1132<sup>a</sup>24–30, 1133<sup>b</sup>30–1134<sup>a</sup>1.
- 18 Bk. vi.
- 19 *Od.* xii. 219 f. (Mackail’s trans.). But it was Circe who gave the advice (xii. 108), and the actual quotation is from Odysseus’ orders to his steersman.
- 20 *Il.* iii. 156–60.

### Book III, 6–12

#### *Courage*

*Courage concerned with the feelings of fear and confidence – strictly speaking, with the fear of death in battle*

6. That it is a mean with regard to feelings of fear and confidence has already been made evident;<sup>1</sup> and plainly the things we fear are fearful things, and these are, to speak without qualification, evils; for which reason people even define fear as expectation of evil. Now we fear all evils, e.g. disgrace, poverty, disease, friendlessness, death, but the brave man is not thought to be concerned with all; for to fear some things is even right and noble, and it is base not to fear them – e.g. disgrace; he who fears this is good and modest, and he who does not is shameless. He is, however, by some people called brave, by a transference of the word to a new meaning; for he has in him something which is like the brave man, since the brave man also is a fearless person. Poverty and disease we perhaps ought not to fear, nor in general the things that do not proceed from vice and are not due to a man himself. But not even the man who is fearless of these is brave. Yet we apply the word to him also in virtue of a similarity; for some who in the dangers of war are cowards are liberal and are confident in face of the loss of money. Nor is a man a coward if he fears insult to his wife and children or envy or anything of the kind; nor brave if he is confident when he is about to be flogged. With what sort of fearful things, then, is the brave man concerned? Surely with the greatest; for no one is more likely than he to stand his ground against what is awe-inspiring. Now death is the most fearful of all things; for it

is the end, and nothing is thought to be any longer either good or bad for the dead. But the brave man would not seem to be concerned even with death in *all* circumstances, e.g. at sea or in disease. In what circumstances, then? Surely in the noblest. Now such deaths are those in battle; for these take place in the greatest and noblest danger. And these are correspondingly honoured in city-states and at the courts of monarchs. Properly, then, he will be called brave who is fearless in face of a noble death, and of all emergencies that involve death; and the emergencies of war are in the highest degree of this kind. Yet at sea also, and in disease, the brave man is fearless, but not in the same way as the seamen; for he has given up hope of safety, and is disliking the thought of death in this shape, while they are hopeful because of their experience. At the same time, we show courage in situations where there is the opportunity of showing prowess or where death is noble; but in these forms of death neither of these conditions is fulfilled.

*The motive of courage is the sense of honour: characteristics of the opposite vices, cowardice and rashness*

7. What is fearful is not the same for all men; but we say there are things fearful even beyond human strength. These, then, are fearful to every one – at least to every sensible man; but the fearful things that are *not* beyond human strength differ in magnitude and degree, and so too do the things that inspire confidence. Now the brave man is as dauntless as man may be. Therefore, while he will fear even the things that are not beyond human strength, he will face them as he ought and as the rule directs, for honour's sake; for this is the end of virtue. But it is possible to fear these more, or less, and again to fear things that are not fearful as if they were. Of the faults that are committed, one consists in fearing what we should not, another in fearing as we should not, another in fearing when we should not, and so on; and so too with respect to the things that inspire confidence. The man, then, who faces and who fears the right things and from the right motive, in the right way and at the right time, and who feels confidence under the corresponding conditions, is brave; for the brave man feels and acts according to the merits of the case and in whatever way the rule directs. Now the end of every activity is conformity to the corresponding state of character. This is true, therefore, of the brave man as well as of others. But courage is noble. Therefore the end also is noble; for each thing is defined by its end. Therefore it is for a noble end that the brave man endures and acts as courage directs.

Of those who go to excess he who exceeds in fearlessness has no name (we have said previously that many states of character have no names),<sup>2</sup> but he would be a sort of madman or insensitive to pain if he feared nothing, neither earthquakes nor the waves, as they say the Celts do not; while the man who exceeds in confidence about what really is fearful is rash. The rash man, however, is also thought to be boastful and only a pretender to courage; at all events, as the brave man *is* with regard to what is fearful, so the rash man wishes to *appear*; and so he imitates him in situations where he can. Hence also most of them are a mixture of rashness and cowardice; for, while in these situations they display confidence, they do not hold their ground against what is really fearful. The man who exceeds in fear is a coward; for he fears both what he ought not and as he ought not, and all the similar characterizations attach to him. He is lacking also in confidence; but he is more conspicuous for his excess of fear in painful situations. The coward, then, is a despairing sort of person; for he fears everything. The brave man, on the other hand, has the opposite disposition; for confidence is the mark of a hopeful disposition. The coward, the rash man, and the brave man, then, are concerned with the same objects but are differently disposed towards them; for the first two exceed and fall short, while the third holds the middle, which is the right, position; and rash men are precipitate, and wish for dangers beforehand but draw back when they are in them, while brave men are excited in the moment of action, but collected beforehand.

As we have said, then, courage is a mean with respect to things that inspire confidence or fear, in the circumstances that have been stated;<sup>3</sup> and it chooses or endures things because it is noble to do so, or because it is base not to do so.<sup>4</sup> But to die to escape from poverty or love or anything painful is not the mark of a brave man, but rather of a coward; for it is softness to fly from what is troublesome, and such a man endures death not because it is noble but to fly from evil.

*Five kinds of courage improperly so called*

8. Courage, then, is something of this sort, but the name is also applied to five other kinds. (1) First comes the courage of the citizen-soldier; for this is most like true courage. Citizen-soldiers seem to face dangers because of the penalties imposed by the laws and the reproaches they would otherwise incur, and because of the honours they win by such action; and therefore those peoples seem to be bravest among whom cowards are held in dishonour and brave men in honour. This is the kind of courage that Homer depicts, e.g. in Diomedes and in Hector:

First will Polydamas be to heap reproach on me then;<sup>5</sup>

and

For Hector one day 'mid the Trojans shall utter  
his vaunting harangue:  
'Afraid was Tydeides, and fled from my face.'<sup>6</sup>

This kind of courage is most like to that which we described earlier,<sup>7</sup> because it is due to virtue; for it is due to shame and to desire of a noble object (i.e. honour) and avoidance of disgrace, which is ignoble. One might rank in the same class even those who are compelled by their rulers; but they are inferior, inasmuch as they do what they do not from shame but from fear, and to avoid not what is disgraceful but what is painful; for their masters compel them, as Hector<sup>8</sup> does:

But if I shall spy any dastard that cowers far from  
the fight,  
Vainly will such an one hope to escape from the dogs.

And those who give them their posts, and beat them if they retreat, do the same, and so do those who draw them up with trenches or something of the sort behind them; all of these apply compulsion. But one ought to be brave not under compulsion but because it is noble to be so.

(2) Experience with regard to particular facts is also thought to be courage; this is indeed the reason why Socrates thought courage was knowledge. Other people exhibit this quality in other dangers, and professional soldiers exhibit it in the dangers of war; for there seem to be many empty alarms in war, of which these have had the most comprehensive experience; therefore they seem brave, because the others do not know the nature of the facts. Again, their experience makes them most capable in attack and in defence, since they can use their arms and have the kind that are likely to be best both for attack and for defence; therefore they fight like armed men against unarmed or like trained athletes against amateurs; for in such contests too it is not the bravest men that fight best, but those who are strongest and have their bodies in the best condition. Professional soldiers turn cowards, however, when the danger puts too great a strain on them and they are inferior in numbers and equipment; for they are the first to fly, while citizen-forces die at their posts, as in fact happened at the temple of Hermes.<sup>9</sup> For to the latter flight

is disgraceful and death is preferable to safety on those terms; while the former from the very beginning faced the danger on the assumption that they were stronger, and when they know the facts they fly, fearing death more than disgrace; but the brave man is not that sort of person.

(3) Passion also is sometimes reckoned as courage; those who act from passion, like wild beasts rushing at those who have wounded them, are thought to be brave, because brave men also are passionate; for passion above all things is eager to rush on danger, and hence Homer's 'put strength into his passion'<sup>10</sup> and 'aroused their spirit and passion'<sup>11</sup> and 'hard he breathed panting'<sup>12</sup> and 'his blood boiled'.<sup>13</sup> For all such expressions seem to indicate the stirring and onset of passion. Now brave men act for honour's sake, but passion aids them; while wild beasts act under the influence of pain; for they attack because they have been wounded or because they are afraid, since if they are in a forest they do not come near one. Thus they are not brave because, driven by pain and passion, they rush on danger without foreseeing any of the perils, since at that rate even asses would be brave when they are hungry; for blows will not drive them from their food; and lust also makes adulterers do many daring things. Those creatures are not brave, then, which are driven on to danger by pain or passion. The 'courage' that is due to passion seems to be the most natural, and to be courage if choice and motive be added.

Men, then, as well as beasts, suffer pain when they are angry, and are pleased when they exact their revenge; those who fight for these reasons, however, are pugnacious but not brave; for they do not act for honour's sake nor as the rule directs, but from strength of feeling; they have, however, something akin to courage.

(4) Nor are sanguine people brave; for they are confident in danger only because they have conquered often and against many foes. Yet they closely resemble brave men, because both are confident; but brave men are confident for the reasons stated earlier,<sup>14</sup> while these are so because they think they are the strongest and can suffer nothing. (Drunken men also behave in this way; they become sanguine.) When their adventures do not succeed, however, they run away; but it was<sup>15</sup> the mark of a brave man to face things that are, and seem, terrible for a man, because it is noble to do so and disgraceful not to do so. Hence also it is thought the mark of a braver man to be fearless and undisturbed in sudden alarms than to be so in those that are foreseen; for it must have proceeded more from a state of character, because less from preparation; acts that are foreseen may be chosen by calculation and rule, but sudden actions must be in accordance with one's state of character.

(5) People who are ignorant of the danger also appear brave, and they are not far removed from those of a sanguine temper, but are inferior inasmuch as they have no self-reliance while these have. Hence also the sanguine hold their ground for a time; but those who have been deceived about the facts fly if they know or suspect that these are different from what they supposed, as happened to the Argives when they fell in with the Spartans and took them for Sicyonians.<sup>16</sup>

9. We have, then, described the character both of brave men and of those who are thought to be brave.

*Relation of courage to pain and pleasure*

Though courage is concerned with confidence and fear, it is not concerned with both alike, but more with the things that inspire fear; for he who is undisturbed in face of these and bears himself as he should towards these is more truly brave than the man who does so towards the things that inspire confidence. It is for facing what is painful, then, as has been said,<sup>17</sup> that men are called brave. Hence also courage involves pain, and is justly praised; for it is harder to face what is painful than to abstain from what is pleasant. Yet the end which courage sets before itself would seem to be pleasant, but to be concealed by the attending circumstances, as happens also in athletic contests; for the end at which boxers aim is pleasant – the crown and the honours – but the blows they take are distressing to flesh and blood, and painful, and so is their whole exertion; and because the blows and the exertions are many the end, which is but small, appears to have nothing pleasant in it. And so, if the case of courage is similar, death and wounds will be painful to the brave man and against his will, but he will face them because it is noble to do so or because it is base not to do so. And the more he is possessed of virtue in its entirety and the happier he is, the more he will be pained at the thought of death; for life is best worth living for such a man, and he is knowingly losing the greatest goods, and this is painful. But he is none the less brave, and perhaps all the more so, because he chooses noble deeds of war at that cost. It is not the case, then, with all the virtues that the exercise of them is pleasant, except in so far as it attains its end. But it is quite possible that the best soldiers may be not men of this sort but those who are less brave but have no other good; for these are ready to face danger, and they sell their life for trifling gains.

So much, then, for courage; it is not difficult to grasp its nature in outline, at any rate, from what has been said.

*Temperance*

*Temperance is limited to certain pleasures of touch*

10. After courage let us speak of temperance; for these seem to be the virtues of the irrational parts. We have said<sup>18</sup> that temperance is a mean with regard to pleasures (for it is less, and not in the same way, concerned with pains); self-indulgence also is manifested in the same sphere. Now, therefore, let us determine with what sort of pleasures they are concerned. We may assume the distinction between bodily pleasures and those of the soul, such as love of honour and love of learning; for the lover of each of these delights in that of which he is a lover, the body being in no way affected, but rather the mind; but men who are concerned with such pleasures are called neither temperate nor self-indulgent. Nor, again, are those who are concerned with the other pleasures that are not bodily; for those who are fond of hearing and telling stories and who spend their days on anything that turns up are gossips, but not self-indulgent, nor are those who are pained at the loss of money or of friends.

Temperance must be concerned with bodily pleasures, but not all even of these; for those who delight in objects of vision, such as colours and shapes and painting, are called neither temperate nor self-indulgent; yet it would seem possible to delight even in these either as one should or to excess or to a deficient degree.

And so too is it with objects of hearing; no one calls those who delight extravagantly in music or acting self-indulgent, nor those who do so as they ought temperate.

Nor do we apply these names to those who delight in odour, unless it be incidentally; we do not call those self-indulgent who delight in the odour of apples or roses or incense, but rather those who delight in the odour of unguents or of dainty dishes; for self-indulgent people delight in these because these remind them of the objects of their appetite. And one may see even other people, when they are hungry, delighting in the smell of food; but to delight in this kind of thing is the mark of the self-indulgent man; for these are objects of appetite to him.

Nor is there in animals other than man any pleasure connected with these senses, except incidentally. For dogs do not delight in the scent of hares, but in the eating of them, but the scent told them the hares were there; nor does the lion delight in the lowing of the ox, but in eating it; but he perceived by the lowing that it was near, and therefore appears to delight in the lowing; and similarly he does not delight because he sees 'a stag or a wild goat',<sup>19</sup> but because he is going to make a meal of it.

Temperance and self-indulgence, however, are concerned with the kind of pleasures that the other animals share in, which therefore appear slavish and brutish; these are touch and taste. But even of taste they appear to make little or no use; for the business of taste is the discriminating of flavours, which is done by wine-tasters and people who season dishes; but they hardly take pleasure in making these discriminations, or at least self-indulgent people do not, but in the actual enjoyment, which in all cases comes through touch, both in the case of food and in that of drink and in that of sexual intercourse. This is why a certain gourmand prayed that his throat might become longer than a crane's, implying that it was the contact that he took pleasure in. Thus the sense with which self-indulgence is connected is the most widely shared of the senses; and self-indulgence would seem to be justly a matter of reproach, because it attaches to us not as men but as animals. To delight in such things, then, and to love them above all others, is brutish. For even of the pleasures of touch the most refined have been eliminated, e.g. those produced in the gymnasium by rubbing and by the consequent heat; for the contact characteristic of the self-indulgent man does not affect the whole body but only certain parts.

*Characteristics of temperance and its opposites, self-indulgence and 'insensibility'*

11. Of the appetites some seem to be common, others to be peculiar to individuals and acquired; e.g. the appetite for food is natural, since everyone who is without it craves for food or drink, and sometimes for both, and for love also (as Homer says)<sup>20</sup> if he is young and lusty; but not everyone craves for this or that kind of nourishment or love, nor for the same things. Hence such craving appears to be our very own. Yet it has of course something natural about it; for different things are pleasant to different kinds of people, and some things are more pleasant to everyone than chance objects. Now in the natural appetites few go wrong, and only in one direction, that of excess; for to eat or drink whatever offers itself till one is surfeited is to exceed the natural amount, since natural appetite is the replenishment of one's deficiency. Hence these people are called belly-gods, this implying that they fill their belly beyond what is right. It is people of entirely slavish character that become like this. But with regard to the pleasures peculiar to individuals many people go wrong and in many ways. For while the people who are 'fond of so-and-so' are so-called because they delight either in the wrong things, or more than most people do, or in the wrong way, the self-indulgent exceed in all three ways; they both delight in some things that they ought not to delight

in (since they are hateful), and if one ought to delight in some of the things they delight in, they do so more than one ought and than most men do.

Plainly, then, excess with regard to pleasures is self-indulgence and is culpable; with regard to pains one is not, as in the case of courage, called temperate for facing them or self-indulgent for not doing so, but the self-indulgent man is so called because he is pained more than he ought at not getting pleasant things (even his pain being caused by pleasure), and the temperate man is so called because he is not pained at the absence of what is pleasant and at his abstinence from it.

The self-indulgent man, then, craves for all pleasant things or those that are most pleasant, and is led by his appetite to choose these at the cost of everything else; hence he is pained both when he fails to get them and when he is merely craving for them (for appetite involves pain); but it seems absurd to be pained for the sake of pleasure. People who fall short with regard to pleasures and delight in them less than they should are hardly found; for such insensibility is not human. Even the other animals distinguish different kinds of food and enjoy some and not others; and if there is anyone who finds nothing pleasant and nothing more attractive than anything else, he must be something quite different from a man; this sort of person has not received a name because he hardly occurs. The temperate man occupies a middle position with regard to these objects. For he neither enjoys the things that the self-indulgent man enjoys most – but rather dislikes them – nor in general the things that he should not, nor anything of this sort to excess, nor does he feel pain or craving when they are absent, or does so only to a moderate degree, and not more than he should, nor when he should not, and so on; but the things that, being pleasant, make for health or for good condition, he will desire moderately and as he should, and also other pleasant things if they are not hindrances to these ends, or contrary to what is noble, or beyond his means. For he who neglects these conditions loves such pleasures more than they are worth, but the temperate man is not that sort of person, but the sort of person that the right rule prescribes.

*Self-indulgence more voluntary than cowardice: comparison of the self-indulgent man to the spoiled child*

12. Self-indulgence is more like a voluntary state than cowardice. For the former is actuated by pleasure, the latter by pain, of which the one is to be chosen and the other to be avoided; and pain upsets and destroys the nature of the person who feels it, while pleasure does nothing of the

sort. Therefore self-indulgence is more voluntary. Hence also it is more a matter of reproach; for it is easier to become accustomed to its objects, since there are many things of this sort in life, and the process of habituation to them is free from danger, while with terrible objects the reverse is the case. But cowardice would seem to be voluntary in a different degree from its particular manifestations; for it is itself painless, but in these we are upset by pain, so that we even throw down our arms and disgrace ourselves in other ways; hence our acts are even thought to be done under compulsion. For the self-indulgent man, on the other hand, the particular acts are voluntary (for he does them with craving and desire), but the whole state is less so; for no one craves to be self-indulgent.

The name self-indulgence is applied also to childish faults;<sup>21</sup> for they bear a certain resemblance to what we have been considering. Which is called after which, makes no difference to our present purpose; plainly, however, the later is called after the earlier. The transference of the name seems not a bad one; for that which desires what is base and which develops quickly ought to be kept in a chastened condition, and these characteristics belong above all to appetite and to the child, since children in fact live at the beck and call of appetite, and it is in them that the desire for what is pleasant is strongest. If, then, it is not going to be obedient and subject to the ruling principle, it will go to great lengths; for in an irrational being the desire for pleasure is insatiable even if it tries every source of gratification, and the exercise of appetite increases its innate force, and if appetites are strong and violent they even expel the power of calculation. Hence they should be moderate and few, and should in no way oppose the rational principle – and this is what we call an obedient and chastened state – and as the child should live according to the direction of his tutor, so the appetitive element should live according to rational principle. Hence the appetitive element in a temperate man should harmonize with the rational principle; for the noble is the mark at which both aim, and the temperate man craves for the things he ought, as he ought, and when he ought; and this is what rational principle directs.

Here we conclude our account of temperance.

## Notes

1 1107<sup>a</sup>33–<sup>b</sup>4.

2 1107<sup>b</sup>2, cf. 1107<sup>b</sup>29, 1108<sup>a</sup>5.

3 Ch. 6.

- 4 1115<sup>b</sup>11–24.  
 5 *Il.* xxii. 100.  
 6 *Il.* viii. 148, 149.  
 7 Chs. 6, 7.  
 8 Aristotle's quotation is more like *Il.* ii. 391–3, where Agamemnon speaks, than xv. 348–51, where Hector speaks.  
 9 The reference is to a battle at Coronea in the Sacred War, c. 353 B.C., in which the Phocians defeated the citizens of Coronea and some Boeotian regulars.  
 10 This is a conflation of *Il.* xi. 11 or xiv. 151 and xvi. 529.  
 11 Cf. *Il.* v. 470, xv. 232, 594.  
 12 Cf. *Od.* xxiv. 318f.  
 13 The phrase does not occur in Homer; it is found in Theocr. xx. 15.  
 14 1115<sup>b</sup>11–24.  
 15 *Ibid.*  
 16 At the Long Walls of Corinth, 392 B.C. Cf. Xen. *Hell.* iv. 4. 10.  
 17 1115<sup>b</sup>7–13.  
 18 1107<sup>b</sup>4–6.  
 19 *Il.* iii. 24.  
 20 *Il.* xxiv. 130.  
 21 ἀκόλαστος, which we have translated 'self-indulgent', meant originally 'unchastened' and was applied to the ways of spoil children.

## Book VI – Intellectual Virtue

### *Introduction*

*Reasons for studying intellectual virtue: intellect divided into the contemplative and the calculative*

1. Since we have previously said that one ought to choose that which is intermediate, not the excess nor the defect,<sup>1</sup> and that the intermediate is determined by the dictates of the right rule,<sup>2</sup> let us discuss the nature of these dictates. In all the states of character we have mentioned,<sup>3</sup> as in all other matters, there is a mark to which the man who has the rule looks, and heightens or relaxes his activity accordingly, and there is a standard which determines the mean states which we say are intermediate between excess and defect, being in accordance with the right rule. But such a statement, though true, is by no means clear; for not only here but in all other pursuits which are objects of knowledge it is indeed true to say that we must not exert ourselves nor relax our efforts too much or too little, but to an intermediate extent and as the right rule dictates; but if a man had only this knowledge he would be none the wiser – e.g. we should not

know what sort of medicines to apply to our body if someone were to say 'all those which the medical art prescribes, and which agree with the practice of one who possesses the art'. Hence it is necessary with regard to the states of the soul also, not only that this true statement should be made, but also that it should be determined what is the right rule and what is the standard that fixes it.

We divided the virtues of the soul and said that some are virtues of character and others of intellect.<sup>4</sup> Now we have discussed in detail the moral virtues;<sup>5</sup> with regard to the others let us express our view as follows, beginning with some remarks about the soul. We said before<sup>6</sup> that there are two parts of the soul – that which grasps a rule or rational principle, and the irrational; let us now draw a similar distinction within the part which grasps a rational principle. And let it be assumed that there are two parts which grasp a rational principle – one by which we contemplate the kind of things whose originative causes are invariable, and one by which we contemplate variable things; for where objects differ in kind the part of the soul answering to each of the two is different in kind, since it is in virtue of a certain likeness and kinship with their objects that they have the knowledge they have. Let one of these parts be called the scientific and the other the calculative; for to deliberate and to calculate are the same thing, but no one deliberates about the invariable. Therefore the calculative is one part of the faculty which grasps a rational principle. We must, then, learn what is the best state of each of these two parts; for this is the virtue of each.

*The proper object of contemplation is truth; that of calculation is truth corresponding with right desire*

2. The virtue of a thing is relative to its proper work. Now there are three things in the soul which control action and truth – sensation, reason, desire.

Of these sensation originates no action; this is plain from the fact that the lower animals have sensation but no share in action.

What affirmation and negation are in thinking, pursuit and avoidance are in desire; so that since moral virtue is a state of character concerned with choice, and choice is deliberate desire, therefore both the reasoning must be true and the desire right, if the choice is to be good, and the latter must pursue just what the former asserts. Now this kind of intellect and of truth is practical; of the intellect which is contemplative, not practical nor productive, the good and the bad state are truth and falsity respectively (for this is the work of everything intellectual); while of the

part which is practical and intellectual the good state is truth in agreement with right desire.

The origin of action – its efficient, not its final cause – is choice, and that of choice is desire and reasoning with a view to an end. This is why choice cannot exist either without reason and intellect or without a moral state; for good action and its opposite cannot exist without a combination of intellect and character. Intellect itself, however, moves nothing, but only the intellect which aims at an end and is practical; for this rules the productive intellect as well, since everyone who makes makes for an end, and that which is made is not an end in the unqualified sense (but only an end in a particular relation, and the end of a particular operation) – only that which is *done* is that; for good action is an end, and desire aims at this. Hence choice is either desiderative reason or ratiocinative desire, and such an origin of action is a man. (It is to be noted that nothing that is past is an object of choice, e.g. no one chooses to have sacked Troy; for no one *deliberates* about the past, but about what is future and capable of being otherwise, while what is past is not capable of not having taken place; hence Agathon is right in saying:

For this alone is lacking even to God,  
To make undone things that have once been done.)

The work of both the intellectual parts, then, is truth. Therefore the states that are most strictly those in respect of which each of these parts will reach truth are the virtues of the two parts.

### *The chief intellectual virtues*

*Science – demonstrative knowledge of the necessary and eternal*

3. Let us begin, then, from the beginning, and discuss these states once more. Let it be assumed that the states by virtue of which the soul possesses truth by way of affirmation or denial are five in number, i.e. art, scientific knowledge, practical wisdom, philosophic wisdom, intuitive reason; we do not include judgement and opinion because in these we may be mistaken.

Now what *scientific knowledge* is, if we are to speak exactly and not follow mere similarities, is plain from what follows. We all suppose that what we know is not even capable of being otherwise; of things capable of being otherwise we do not know, when they have passed outside our observation, whether they exist or not. Therefore the object of scientific

knowledge is of necessity. Therefore it is eternal; for things that are of necessity in the unqualified sense are all eternal; and things that are eternal are ungenerated and imperishable. Again, every science is thought to be capable of being taught, and its object of being learnt. And all teaching starts from what is already known, as we maintain in the *Analytics* also; for it proceeds sometimes through induction and sometimes by syllogism. Now induction is the starting-point which knowledge even of the universal presupposes, while syllogism proceeds *from* universals. There are therefore starting-points from which syllogism proceeds, which are not reached by syllogism; it is therefore by induction that they are acquired. Scientific knowledge is, then, a state of capacity to demonstrate, and has the other limiting characteristics which we specify in the *Analytics*; for it is when a man believes in a certain way and the starting-points are known to him that he has scientific knowledge, since if they are not better known to him than the conclusion, he will have his knowledge only incidentally.

Let this, then, be taken as our account of scientific knowledge.

*Art – knowledge of how to make things*

4. In the variable are included both things made and things done; making and acting are different (for their nature we treat even the discussions outside our school as reliable); so that the reasoned state of capacity to act is different from the reasoned state of capacity to make. Hence too they are not included one in the other; for neither is acting making nor is making acting. Now since architecture is an art and is essentially a reasoned state of capacity to make, and there is neither any art that is not such a state nor any such state that is not an art, *art* is identical with a state of capacity to make, involving a true course of reasoning. All art is concerned with coming into being, i.e. with contriving and considering how something may come into being which is capable of either being or not being, and whose origin is in the maker and not in the thing made; for art is concerned neither with things that are, or come into being, by necessity, nor with things that do so in accordance with nature (since these have their origin in themselves). Making and acting being different, art must be a matter of making, not of acting. And in a sense chance and art are concerned with the same objects; as Agathon says, 'Art loves chance and chance loves art'. Art, then, as has been said,<sup>7</sup> is a state concerned with making, involving a true course of reasoning, and lack of art on the contrary is a state concerned with making, involving a false course of reasoning; both are concerned with the variable.

*Practical wisdom – knowledge of how to secure the ends of human life*

5. Regarding *practical wisdom* we shall get at the truth by considering who are the persons we credit with it. Now it is thought to be a mark of a man of practical wisdom to be able to deliberate well about what is good and expedient for himself, not in some particular respect, e.g. about what sorts of thing conduce to health or to strength, but about what sorts of thing conduce to the good life in general. This is shown by the fact that we credit men with practical wisdom in some particular respect when they have calculated well with a view to some good end which is one of those that are not the object of any art. It follows that in the general sense also the man who is capable of deliberating has practical wisdom. Now no one deliberates about things that are invariable, or about things that it is impossible for him to do. Therefore, since scientific knowledge involves demonstration, but there is no demonstration of things whose first principles are variable (for all such things might actually be otherwise), and since it is impossible to deliberate about things that are of necessity, practical wisdom cannot be scientific knowledge or art; not science because that which can be done is capable of being otherwise, not art because action and making are different kinds of thing. The remaining alternative, then, is that it is a true and reasoned state of capacity to act with regard to the things that are good or bad for man. For while making has an end other than itself, action cannot; for good action itself is its end. It is for this reason that we think Pericles and men like him have practical wisdom, viz. because they can see what is good for themselves and what is good for men in general; we consider that those can do this who are good at managing households or states. (This is why we call temperance (*sōphrosunē*) by this name; we imply that it preserves one's practical wisdom (*sōzousa tēn phronēsin*). Now what it preserves is a judgement of the kind we have described. For it is not any and every judgement that pleasant and painful objects destroy and pervert, e.g. the judgement that the triangle has or has not its angles equal to two right angles, but only judgements about what is to be done. For the originating causes of the things that are done consist in the end at which they are aimed; but the man who has been ruined by pleasure or pain forthwith fails to see any such originating cause – to see that for the sake of this or because of this he ought to choose and do whatever he chooses and does; for vice is destructive of the originating cause of action.)

Practical wisdom, then, must be a reasoned and true state of capacity to act with regard to human goods. But further, while there is such a thing as excellence in art, there is no such thing as excellence in practical

wisdom; and in art he who errs willingly is preferable, but in practical wisdom, as in the virtues, he is the reverse. Plainly, then, practical wisdom is a virtue and not an art. There being two parts of the soul that can follow a course of reasoning, it must be a virtue of one of the two, i.e. of that part which forms opinions; for opinion is about the variable and so is practical wisdom. But yet it is not only a reasoned state; this is shown by the fact that a state of that sort may be forgotten but practical wisdom cannot.

*Intuitive reason – knowledge of the principles from which science proceeds*

6. Scientific knowledge is judgement about things that are universal and necessary; and the conclusions of demonstration, and all scientific knowledge, follow from first principles (for scientific knowledge involves proof). This being so, the first principle from which what is scientifically known follows cannot be an object of scientific knowledge, of art, or of practical wisdom; for that which can be scientifically known can be demonstrated, and art and practical wisdom deal with things that are variable. Nor are these first principles the objects of philosophic wisdom, for it is a mark of the philosopher to have *demonstration* about some things. If, then, the states of mind by which we have truth and are never deceived about things invariable or even variable are scientific knowledge, practical wisdom, philosophic wisdom, and intuitive reason, and it cannot be any of the three (i.e. practical wisdom, scientific knowledge, or philosophic wisdom), the remaining alternative is that it is *intuitive reason* that grasps the first principles.

*Philosophic wisdom – the union of intuitive reason and science*

7. *Wisdom*<sup>8</sup> (1) in the arts we ascribe to their most finished exponents, e.g. to Phidias as a sculptor and to Polyclitus as a maker of portrait-statues, and here we mean nothing by wisdom except excellence in art; but (2) we think that some people are wise in general, not in some particular field or in any other limited respect, as Homer says in the *Margites*,

Him did the gods make neither a digger nor yet  
a ploughman  
Nor wise in anything else.

Therefore wisdom must plainly be the most finished of the forms of knowledge. It follows that the wise man must not only know what follows from the first principles, but must also possess truth about the first

principles. Therefore wisdom must be intuitive reason combined with scientific knowledge – scientific knowledge of the highest objects which has received as it were its proper completion.

Of the highest objects, we say; for it would be strange to think that the art of politics, or practical wisdom, is the best knowledge, since man is not the best thing in the world. Now if what is healthy or good is different for men and for fishes, but what is white or straight is always the same, anyone would say that what is wise is the same but what is practically wise is different; for it is to that which considers well the various matters concerning itself that one ascribes practical wisdom, and it is to this that one will entrust such matters. This is why we say that some even of the lower animals have practical wisdom,<sup>9</sup> viz. those which are found to have a power of foresight with regard to their own life. It is evident also that philosophic wisdom and the art of politics cannot be the same; for if the state of mind concerned with a man's own interests is to be called philosophic wisdom, there will be many philosophic wisdoms; there will not be one concerned with the good of all animals (any more than there is one art of medicine for all existing things), but a different philosophic wisdom about the good of each species.

But if the argument be that man is the best of the animals, this makes no difference; for there are other things much more divine in their nature even than man, e.g., most conspicuously, the bodies of which the heavens are framed. From what has been said it is plain, then, that philosophic wisdom is scientific knowledge, combined with intuitive reason, of the things that are highest by nature. This is why we say Anaxagoras, Thales, and men like them have philosophic but not practical wisdom, when we see them ignorant of what is to their own advantage, and why we say that they know things that are remarkable, admirable, difficult, and divine, but useless; viz. because it is not human goods that they seek.

Practical wisdom on the other hand is concerned with things human and things about which it is possible to deliberate; for we say this is above all the work of the man of practical wisdom, to deliberate well, but no one deliberates about things invariable, or about things which have not an end which is a good that can be brought about by action. The man who is without qualification good at deliberating is the man who is capable of aiming in accordance with calculation at the best for man of things attainable by action. Nor is practical wisdom concerned with universals only – it must also recognize the particulars; for it is practical, and practice is concerned with particulars. This is why some who do not know, and especially those who have experience, are more practical than others who know; for if a man knew that light meats are digestible and wholesome,

but did not know which sorts of meat are light, he would not produce health, but the man who knows that chicken is wholesome is more likely to produce health.

Now practical wisdom is concerned with action; therefore one should have both forms of it, or the latter in preference to the former. But here, too, there must be a controlling kind.

*Relations between practical wisdom and political science*

8. Political wisdom and practical wisdom are the same state of mind, but their essence is not the same. Of the wisdom concerned with the city, the practical wisdom which plays a controlling part is legislative wisdom, while that which is related to this as particulars to their universal is known by the general name 'political wisdom'; this has to do with action and deliberation, for a decree is a thing to be carried out in the form of an individual act. This is why the exponents of this art are alone said to 'take part in politics'; for these alone 'do things' as manual labourers 'do things'.

Practical wisdom also is identified especially with that form of it which is concerned with a man himself – with the individual; and this is known by the general name 'practical wisdom'; of the other kinds one is called household management, another legislation, the third politics, and of the latter one part is called deliberative and the other judicial. Now knowing what is good for oneself will be one kind of knowledge, but it is very different from the other kinds; and the man who knows and concerns himself with his own interests is thought to have practical wisdom, while politicians are thought to be busybodies; hence the words of Euripides:

But how could I be wise, who might at ease,  
Numbered among the army's multitude,  
Have had an equal share? . . .  
For those who aim too high and do too much. . . .

Those who think thus seek their own good, and consider that one ought to do so. From this opinion, then, has come the view that such men have practical wisdom; yet perhaps one's own good cannot exist without household management, nor without a form of government. Further, how one should order one's own affairs is not clear and needs inquiry.

What has been said is confirmed by the fact that while young men become geometers and mathematicians and wise in matters like these,

it is thought that a young man of practical wisdom cannot be found. The cause is that such wisdom is concerned not only with universals but with particulars, which become familiar from experience, but a young man has no experience, for it is length of time that gives experience; indeed one might ask this question too, why a boy may become a mathematician, but not a philosopher or a physicist. Is it because the objects of mathematics exist by abstraction, while the first principles of these other subjects come from experience, and because young men have no conviction about the latter but merely use the proper language, while the essence of mathematical objects is plain enough to them?

Further, error in deliberation may be either about the universal or about the particular; we may fail to know either that all water that weighs heavy is bad, or that this particular water weighs heavy.

That practical wisdom is not scientific knowledge is evident; for it is, as has been said,<sup>10</sup> concerned with the ultimate particular fact, since the thing to be done is of this nature. It is opposed, then, to intuitive reason; for intuitive reason is of the limiting premisses, for which no reason can be given, while practical wisdom is concerned with the ultimate particular, which is the object not of scientific knowledge but of perception – not the perception of qualities peculiar to one sense but a perception akin to that by which we perceive that the particular figure before us is a triangle; for in that direction as well there will be a limit. But this is rather perception than practical wisdom, though it is another kind of perception than that of the qualities peculiar to each sense.

### *Minor intellectual virtues concerned with conduct*

#### *Goodness in deliberation, how related to practical wisdom*

9. There is a difference between inquiry and deliberation; for deliberation is a particular kind of inquiry. We must grasp the nature of excellence in deliberation as well – whether it is a form of scientific knowledge, or opinion, or skill in conjecture, or some other kind of thing. *Scientific knowledge* it is not; for men do not inquire about the things they know about, but good deliberation is a kind of deliberation, and he who deliberates inquires and calculates. Nor is it *skill in conjecture*; for this both involves no reasoning and is something that is quick in its operation, while men deliberate a long time, and they say that one should carry out quickly the conclusions of one's deliberation, but should deliberate slowly. Again, *readiness of mind* is different from excellence in deliberation; it is a sort of skill in conjecture. Nor again is excellence in deliberation

*opinion* of any sort. But since the man who deliberates badly makes a mistake, while he who deliberates well does so correctly, excellence in deliberation is clearly a kind of correctness, but neither of knowledge nor of opinion; for there is no such thing as correctness of knowledge (since there is no such thing as error of knowledge), and correctness of opinion is truth; and at the same time everything that is an object of opinion is already determined. But again excellence in deliberation involves reasoning. The remaining alternative, then, is that it is *correctness of thinking*; for this is not yet assertion, since, while even opinion is not inquiry but has reached the stage of assertion, the man who is deliberating, whether he does so well or ill, is searching for something and calculating.

But excellence in deliberation is a certain correctness of deliberation; hence we must first inquire what deliberation is and what it is about. And, there being more than one kind of correctness, plainly excellence in deliberation is not any and every kind; for (1) the incontinent man and the bad man, if he is clever, will reach as a result of his calculation what he sets before himself, so that he will have deliberated correctly, but he will have got for himself a great evil. Now to have deliberated well is thought to be a good thing; for it is this kind of correctness of deliberation that is excellence in deliberation, viz. that which tends to attain what is good. But (2) it is possible to attain even good by a false syllogism, and to attain what one ought to do but not by the right means, the middle term being false; so that this too is not yet excellence in deliberation – this state in virtue of which one attains what one ought but not by the right means. Again (3) it is possible to attain it by long deliberation while another man attains it quickly. Therefore in the former case we have not yet got excellence in deliberation, which is rightness with regard to the expedient – rightness in respect both of the end, the manner, and the time. (4) Further, it is possible to have deliberated well either in the unqualified sense or with reference to a particular end. Excellence in deliberation in the unqualified sense, then, is that which succeeds with reference to what is the end in the unqualified sense, and excellence in deliberation in a particular sense is that which succeeds relatively to a particular end. If, then, it is characteristic of men of practical wisdom to have deliberated well, excellence in deliberation will be correctness with regard to what conduces to the end which practical wisdom apprehends truly.

*Understanding – the critical quality answering to the imperative quality practical wisdom*

10. Understanding, also, and goodness of understanding, in virtue of which men are said to be men of understanding or of good understanding, are neither entirely the same as opinion or scientific knowledge (for at that rate all men would have been men of understanding), nor are they one of the particular sciences, such as medicine, the science of things connected with health, or geometry, the science of spatial magnitudes. For understanding is neither about things that are always and are unchangeable, nor about any and every one of the things that come into being, but about things which may become subjects of questioning and deliberation. Hence it is about the same objects as practical wisdom; but understanding and practical wisdom are not the same. For practical wisdom issues commands, since its end is what ought to be done or not to be done; but understanding only judges. (Understanding is identical with goodness of understanding, men of understanding with men of good understanding.) Now understanding is neither the having nor the acquiring of practical wisdom; but as learning is called understanding when it means the exercise of the faculty of knowledge,<sup>11</sup> so 'understanding' is applicable to the exercise of the faculty of opinion for the purpose of judging of what someone else says about matters with which practical wisdom is concerned – and of judging soundly; for 'well' and 'soundly' are the same thing. And from this has come the use of the name 'understanding' in virtue of which men are said to be 'of good understanding', viz. from the application of the word to the grasping of scientific truth; for we often call such grasping understanding.

*Judgement – right discrimination of the equitable: the place of intuition in morals*

11. What is called judgement, in virtue of which men are said to 'be sympathetic judges' and to 'have judgement', is the right discrimination of the equitable. This is shown by the fact that we say the equitable man is above all others a man of sympathetic judgement, and identify equity with sympathetic judgement about certain facts. And sympathetic judgement is judgement which discriminates what is equitable and does so correctly; and correct judgement is that which judges what is true.

Now all the states we have considered converge, as might be expected, to the same point; for when we speak of judgement and understanding and practical wisdom and intuitive reason we credit the same people with possessing judgement and having reached years of reason and with having practical wisdom and understanding. For all these faculties deal with ultimates, i.e. with particulars; and being a man of understanding and of good or sympathetic judgement consists in being able to judge

about the things with which practical wisdom is concerned; for the equities are common to all good men in relation to other men. Now all things which have to be done are included among particulars or ultimates; for not only must the man of practical wisdom know particular facts, but understanding and judgement are also concerned with things to be done, and these are ultimates. And intuitive reason is concerned with the ultimates in both directions; for both the first terms and the last are objects of intuitive reason and not of argument, and the intuitive reason which is presupposed by demonstrations grasps the unchangeable and first terms, while the intuitive reason involved in practical reasonings grasps the last and variable fact, i.e. the minor premiss. For these variable facts are the starting-points for the apprehension of the end, since the universals are reached from the particulars; of these therefore we must have perception, and this perception is intuitive reason.

This is why these states are thought to be natural endowments – why, while no one is thought to be a philosopher by nature, people are thought to have by nature judgement, understanding, and intuitive reason. This is shown by the fact that we think our powers correspond to our time of life, and that a particular age brings with it intuitive reason and judgement; this implies that nature is the cause. [Hence intuitive reason is both beginning and end; for demonstrations are from these and about these.<sup>12</sup>] Therefore we ought to attend to the undemonstrated sayings and opinions of experienced and older people or of people of practical wisdom not less than to demonstrations; for because experience has given them an eye they see aright.

We have stated, then, what practical and philosophic wisdom are, and with what each of them is concerned, and we have said that each is the virtue of a different part of the soul.

### *Relation of philosophic to practical wisdom*

*What is the use of philosophic and of practical wisdom? Philosophic wisdom is the formal cause of happiness; practical wisdom is what ensures the taking of proper means to the proper ends desired by moral virtue*

**12.** Difficulties might be raised as to the utility of these qualities of mind. For (1) philosophic wisdom will contemplate none of the things that will make a man happy (for it is not concerned with any coming into being), and though practical wisdom has *this* merit, for what purpose do we need it? Practical wisdom is the quality of mind concerned with things just and noble and good for man, but these are the things which it is the mark of

a *good* man to do, and we are none the more able to act for *knowing* them if the virtues are states of *character*, just as we are none the better able to act for knowing the things that are healthy and sound, in the sense not of producing but of issuing from the state of health; for we are none the more able to act for having the art of medicine or of gymnastics. But (2) if we are to say that a man should have practical wisdom not for the sake of knowing moral truths but for the sake of becoming good, practical wisdom will be of no use to those who *are* good; but again it is of no use to those who have *not* virtue; for it will make no difference whether they have practical wisdom themselves or obey others who have it, and it would be enough for us to do what we do in the case of health; though we wish to become healthy, yet we do not learn the art of medicine. (3) Besides this, it would be thought strange if practical wisdom, being inferior to philosophic wisdom, is to be put in authority over it, as seems to be implied by the fact that the art which produces anything rules and issues commands about that thing.

These, then, are the questions we must discuss; so far we have only stated the difficulties.

(1) Now first let us say that in themselves these states must be worthy of choice because they are the virtues of the two parts of the soul respectively, even if neither of them produces anything.

(2) Secondly, they do produce something, not as the art of medicine produces health, however, but as health produces health,<sup>13</sup> so does philosophic wisdom produce happiness; for, being a part of virtue entire, by being possessed and by actualizing itself it makes a man happy.

(3) Again, the work of man is achieved only in accordance with practical wisdom as well as with moral virtue; for virtue makes us aim at the right mark, and practical wisdom makes us take the right means. (Of the fourth part of the soul – the nutritive<sup>14</sup> – there is no such virtue; for there is nothing which it is in its power to do or not to do.)

(4) With regard to our being none the more able to do because of our practical wisdom what is noble and just, let us begin a little further back, starting with the following principle. As we say that some people who do just acts are not necessarily just, i.e. those who do the acts ordained by the laws either unwillingly or owing to ignorance or for some other reason and not for the sake of the acts themselves (though, to be sure, they do what they should and all the things that the good man ought), so is it, it seems, that in order to be good one must be in a certain state when one does the several acts, i.e. one must do them as a result of choice and for the sake of the acts themselves. Now virtue makes the choice right, but the question of the things which should naturally be done to carry out

our choice belongs not to virtue but to another faculty. We must devote our attention to these matters and give a clearer statement about them. There is a faculty which is called cleverness; and this is such as to be able to do the things that tend towards the mark we have set before ourselves, and to hit it. Now if the mark be noble, the cleverness is laudable, but if the mark be bad, the cleverness is mere smartness; hence we call even men of practical wisdom clever or smart. Practical wisdom is not the faculty, but it does not exist without this faculty. And this eye of the soul acquires its formed state not without the aid of virtue, as has been said<sup>15</sup> and is plain; for the syllogisms which deal with acts to be done are things which involve a starting-point, viz. 'since the end, i.e. what is best, is of such and such a nature', whatever it may be (let it for the sake of argument be what we please); and this is not evident except to the good man; for wickedness perverts us and causes us to be deceived about the starting-points of action. Therefore it is evident that it is impossible to be practically wise without being good.

*Relation of practical wisdom to natural virtue, moral virtue, and the right rule*

13. We must therefore consider virtue also once more; for virtue too is similarly related; as practical wisdom is to cleverness – not the same, but like it – so is natural virtue to virtue in the strict sense. For all men think that each type of character belongs to its possessors in some sense by nature; for from the very moment of birth we are just or fitted for self-control or brave or have the other moral qualities; but yet we seek something else as that which is good in the strict sense – we seek for the presence of such qualities in another way. For both children and brutes have the natural dispositions to these qualities, but without reason these are evidently hurtful. Only we seem to see this much, that, while one may be led astray by them, as a strong body which moves without sight may stumble badly because of its lack of sight, still, if a man once acquires reason, that makes a difference in action; and his state, while still like what it was, will then be virtue in the strict sense. Therefore, as in the part of us which forms opinions there are two types, cleverness and practical wisdom, so too in the moral part there are two types, natural virtue and virtue in the strict sense, and of these the latter involves practical wisdom. This is why some say that all the virtues are forms of practical wisdom, and why Socrates in one respect was on the right track while in another he went astray; in thinking that all the virtues were forms of practical wisdom he was wrong, but in saying they implied practical wisdom he was right. This is confirmed by the fact that even now all men, when they

define virtue, after naming the state of character and its objects add 'that (state) which is in accordance with the right rule'; now the right rule is that which is in accordance with practical wisdom. All men, then, seem somehow to divine that this kind of state is virtue, viz. that which is in accordance with practical wisdom. But we must go a little further. For it is not merely the state in accordance with the right rule, but the state that implies the *presence* of the right rule, that is virtue; and practical wisdom is a right rule about such matters. Socrates, then, thought the virtues were rules or rational principles (for he thought they were, all of them, forms of scientific knowledge), while we think they *involve* a rational principle.

It is clear, then, from what has been said, that it is not possible to be good in the strict sense without practical wisdom, or practically wise without moral virtue. But in this way we may also refute the dialectical argument whereby it might be contended that the virtues exist in separation from each other; the same man, it might be said, is not best equipped by nature for all the virtues, so that he will have already acquired one when he has not yet acquired another. This is possible in respect of the natural virtues, but not in respect of those in respect of which a man is called without qualification good; for with the presence of the one quality, practical wisdom, will be given all the virtues. And it is plain that, even if it were of no practical value, we should have needed it because it is the virtue of the part of us in question; plain too that the choice will not be right without practical wisdom any more than without virtue; for the one determines the end and the other makes us do the things that lead to the end.

But again it is not *supreme* over philosophic wisdom, i.e. over the superior part of us, any more than the art of medicine is over health; for it does not use it but provides for its coming into being; it issues orders, then, for its sake, but not to it. Further, to maintain its supremacy would be like saying that the art of politics rules the gods because it issues orders about all the affairs of the state.

## Notes

1 1104<sup>a</sup>11–27, 1106<sup>a</sup>26–1107<sup>a</sup>27.

2 1107<sup>a</sup>1, cf. 1103<sup>b</sup>31, 1114<sup>b</sup>29.

3 In iii. 6–v. 11.

4 1103<sup>a</sup>3–7.

5 In iii. 6–v. 11.

6 1102<sup>a</sup>26–28.

7 1. 9.

8 In this chapter Aristotle restricts to a very definite meaning the word *σοφία*, which in ordinary Greek, as the beginning of the chapter points out, was used both of skill in a particular art or craft, and of wisdom in general.

9 We do not say this in English; but we call them 'intelligent' or 'sagacious', which comes to the same thing.

10 1141<sup>b</sup>14–22.

11 This is a use of *μανθάνειν* which is not shared by its normal English equivalent, 'learn'.

12 This sentence should probably be read, as Bywater suggests, at the end of the previous paragraph.

13 i.e. as health, as an inner state, produces the activities which we know as constituting health.

14 The other three being the scientific (*τὸ ἐπιστημονικόν*), the calculative (*τὸ λογιστικόν*), and the desiderative (*τὸ ὀρεκτικόν*).

15 ll. 6–26.