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Ethics

Authors are reminded that the Journal adheres to the ethics of scientific publication as detailed in the in the *Ethical principles of psychologists and code of conduct* (American Psychological Association, 2010). These principles also imply that the piecemeal or fragmented publication of small amounts of data from the same study is not acceptable.

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Authorship credit should be given only if substantial contribution has been made to the following: •Conception and design, or collection, analysis and interpretation of data;

•Drafting the article or revising it critically for important intellectual content, and final approval of the version to be published. The corresponding author must ensure that there is no one else who fulfils the criteria who is not included as an author. Each author is required to have participated sufficiently in the work to take public responsibility for the content.

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Informed consent

Authors must state that the protocol for the research project has been approved by a suitably constituted Ethics Committee of the institution within which the work was undertaken and that it conforms to the provisions of the Declaration of Helsinki (as revised in Tokyo 2004), available at http://www.wma.net/e/policy/b3.htm. Within the Methods section, authors should indicate that 'informed consent' has been appropriately obtained. When submitting a manuscript, the manuscript page number where the statement appears should be given. *Personality and Mental Health* retains the right to reject any manuscript on the basis of unethical conduct.

Randomised controlled trials

The Journal recommends to authors the CONSORT guidelines (1996, Journal of the American Medical Association, 276, 637-639) and their basis (2001, Annals of Internal Medicine, 134, 663-694) in relation to the reporting of randomised controlled clinical trials; also recommended is their extension to cluster randomised controlled trials (2004, British Medical Journal, 328, 702-708). In particular, authors must include in their paper a flow chart illustrating the progress of subjects through the trial (CONSORT diagram) and the CONSORT checklist. The flow diagram should appear in the mainpaper, the checklist in the online Appendix. Trial registry name, registration identification number, and the URL for the registry should also be included at the end of the abstract, and also during online manuscript submission. Trials should be registered in one of the following trial registries: http://www.controlled-trials.com/isrctn/ Australian Clinical Trials Registry http://actr.ctc.usyd.edu.au

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Access to data

If the study includes original data, at least one author must confirm that he or she had full access to all the data in the study, and takes responsibility for the integrity of the data and the accuracy of the data analysis.