



DISCOVER THE ABC OF DEVON ACTIVITIES

Archery, Abseiling, Ballooning, Boating, Climbing, Canoeing, Caving, Cycling, Plus Paragliding, Parachuting, Sailing, Surfing, & lots more

December 12th 2003: If you are looking to discover something different this summer, then Devon has the answer! Whether you fancy trying your hand at hot air ballooning or paragliding, power-boating or canoeing, caving or climbing, mountain biking or a leisurely tandem ride, Devon has something for everyone. You might be a beginner or an expert, a teenager or retired, but the rugged coastline and golden beaches, the gentle rolling hills and wild moorland, the fast flowing rivers and hidden estuaries make Devon the perfect location for an activity break for everyone, at any time of the year.

New for 2004, the Discover Devon team has devised the top 5 activity adventures all of which can be found at www.discoverdevon.com:

- ***Teenage Adventures*** - A week-long, weekend or daily course, allowing teenagers to enjoy learning new and exciting skills such as canoeing, surfing, archery, high ropes, abseiling, rock climbing and even power boating at Skern Lodge in Appledore. For those whose hero is Spiderman, The Rock Climbing and Caving Centre at Chudleigh offers the chance to try climbing, abseiling and caving in a location designated as a Site of Special Scientific interest and an Area of Outstanding Natural Beauty

More/...

- **Go Wild on the Water** – Even beginners will turn into experts after a week-long course of canoeing, sailing or raft building on fast flowing rivers or gentle canals at Haven Banks Outdoor Education Centre. All ages and all abilities will enjoy the stunning scenery of the river valleys. For those with a head for heights there is a simulated parachute jump, high ropes and indoor climbing or the opportunity to try some white water rafting or just chill out in the magnificent parkland at River Dart Adventures.

- **Up, Up and Away** – Discover Devon from the air in a hot air balloon as the dawn breaks or the sun sets over the sea. Or soar like an eagle over Dartmoor National Park in a paraglider. The British Hang Gliding and Paragliding Association offers day, weekend or longer tuition courses to those who are over sixteen.

- **Toys for Boys** - The perfect present for big kids and little kids – the chance to drive a JCB, giant digger, dump truck or quad bike. Others may prefer to watch footage of Nigel Mansell racing, get a close look at his cars and just dream. You can also enjoy a round of golf on one of his spectacular courses at Woodbury Park Hotel Golf and Country Club.

- **Get Active** - If you are still convinced that Devon is for cream teas, jump on a bike – mountain, touring, trailer or tandem – and cycle along a canal trail, paddle a canoe to the picturesque Greenway Gardens, or feel the rush of adrenalin as you speed off in a powerboat. Devon is as exciting as you want it to be! The Gold Coast Oceanfest at Woolacombe and Croyde, takes place between 18-20 June 2004, of international importance the event features extreme and lifestyle sports plus family fun.

More/...

For more information on activity breaks in Devon, including accommodation “late deals”, please contact the Discover Devon Holiday line on 0870 608 5531 or visit www.discoverdevon.com.

- Ends -

ADDRESS BOOK

1. Fun Activities for Teenagers:

Skern Lodge

www.skernlodge.co.uk

The Rock Climbing and Caving Centre

www/users.globalnet.co.uk/~trc/index.htm

2. Outdoor Adventures

Haven Banks Outdoor Education Centre

River Dart Adventures

www.riverdart.co.uk

3. Escapism Adventure

Airtopia

www.airtopia.co.uk

Southwest Paragliding

www.paragliding-school.co.uk/

4. Toys for Boys

Quad Biking

www.mullacott.co.uk

Woodbury Park Hotel Golf & Country Club

www.woodburypark.co.uk

Quad World

www.quadworld.co.uk

More/...

Diggerland
www.diggerland.com

5. Get Active
Saddles & Paddles
www.saddlepaddle.co.uk

Canoe Adventures
www.canoeadventures.co.uk

Bideford Bicycle Hire
Telephone 01237 424123

Salcombe Powerboat School
www.salcombepowerboats.co.uk

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