

CASE 50

ID/CC A 12-year-old male presents with fatigue, fever, headache, fleeting joint

pain, and a reddish rash on his trunk and left leg of 1 week's duration.

HPI The patient is a native of Connecticut and attended a summer camp in

the state's national park 2 weeks ago. He recalls having noticed a tick bite

on his leg about 2 weeks ago.

PE VS: fever. PE: red macule on site of bite that has grown circumferentially; active border and central clearing (ERYTHEMA CHRONICUM MIGRANS); femoral

lymphadenopathy; mild neck stiffness; normal CNS exam.

Labs Positive IgM ELISA for *Borrelia burgdorferi*; diagnosis confirmed by Western blot assay. ECG: normal. LP: lymphocytic pleocytosis; increased

proteins. B. burgdorferi grown on Noguchi medium.

Gross Pathology Erythema chronicum migrans (ECM) is characteristic of Lyme disease; must be minimum of 5 cm in diameter for diagnosis to be made; center

may desquamate, ulcerate, or necrose; satellite lesions sometimes seen; may spontaneously disappear with time.

Treatment Doxycycline; amoxicillin; ceftriaxone.

DiscussionThe most common disease transmitted by vectors in the United States, Lyme disease is caused by *Borrelia burgdorferi*, a spirochete, and is transmitted through *Ixodes* species tick bites. Ticks acquire *B. burgdorferi* from deer mice, which are the natural reservoir. There are three recognized stages: stage 1 consists of ECM and constitutional symptoms; stage 2, cardiac or neurologic involvement; and stage 3, persistent migratory arthritis, synovitis, and atrophic patches on the distal extremities

(ACRODERMATITIS CHRONICUM ATROPHICANS).

