BASIC VIROLOGY

To Our Families and Students

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Basic Virology SECOND EDITION

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Brief Contents

Preface xix Acknowledgments xxv

PART I VIROLOGY AND VIRAL DISEASE 1

- Chapter 1 Introduction The Impact of Viruses on Our View of Life 3
- Chapter 2 An Outline of Virus Replication and Viral Pathogenesis 11
- Chapter 3 Virus Disease in Populations and Individual Animals 21
- Chapter 4 Patterns of Some Viral Diseases of Humans 36

PART II BASIC PROPERTIES OF VIRUSES AND VIRUS-CELL INTERACTION 49

- Chapter 5 Virus Structure and Classification 51
- Chapter 6 The Beginning and End of the Virus Replication Cycle 60
- Chapter 7 Host Immune Response to Viral Infection: The Nature of the Vertebrate Immune Response 77
- Chapter 8 Strategies to Protect Against and Combat Viral Infection 96

PART III WORKING WITH VIRUS 117

- Chapter 9 Visualization and Enumeration of Virus Particles 119
- Chapter 10 Replicating and Measuring Biological Activity of Viruses 127
- Chapter 11 Physical and Chemical Manipulation of the Structural Components of Viruses 144
- Chapter 12 Characterization of Viral Products Expressed in the Infected Cell 165
- Chapter 13 Viruses Use Cellular Processes to Express Their Genetic Information 185
- Chapter 14 The Molecular Genetics of Viruses 207

PART IV REPLICATION PATTERNS OF SPECIFIC VIRUSES 229

- Chapter 15 Replication of Positive-Sense RNA Viruses 231
- Chapter 16 Replication Strategies of RNA Viruses Requiring RNA-directed mRNA Transcription as the First Step in Viral Gene Expression 257

BRIEF CONTENTS

Chapter 17	Replication Strategies of Small and Medium-sized DNA Viruses 286	
Chapter 18	Replication of Some Nuclear Replicating Eukaryotic DNA Viruses with	
	Large Genomes 311	
Chapter 19	Replication of Cytoplasmic DNA Viruses and "Large" Bacteriophages 336	
Chapter 20	Retroviruses: Converting RNA to DNA 356	
Chapter 21	Hepadnaviruses: Variations on the Retrovirus Theme 377	
Chapter 22	Viruses and the Future – Promises and Problems 383	
-		
Technical Glossary 409		

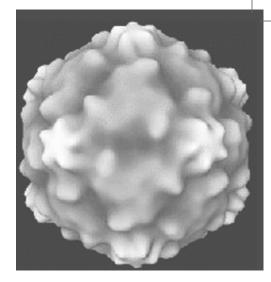
Index 428

Color plates fall between pp. 22 and 23.

Æ

vi

Contents



Preface xix	
	New to the second edition xx
	Text organization xx
	Specific features of this text designed to aid instructors and students in
	pursuing topics in greater depth xxiii
	Depth of coverage xxiii Sources for further study xxiii
	Sources for further study xxiii The Internet xxiii
	Chapter outlines xxiv
	Review material xxiv
	Glossary xxiv
Acknowledgments	XXV
PARTI	VIROLOGY AND VIRAL DISEASE 1
CHAPTER 1	Introduction – The Impact of Viruses on Our View of Life 3
	The effect of virus infections on the host organism and populations —
	viral pathogenesis, virulence, and epidemiology 3
	The interaction between viruses and their hosts 5
	The history of virology 6
	Examples of the impact of viral disease on human history 6
	Examples of the evolutionary impact of the virus— host interaction 7
	The origin of viruses 8 Viruses have a constructive as well as destructive impact on
	Viruses have a constructive as well as destructive impact on society 9
	Viruses are not the smallest self-replicating pathogens 10
	Questions for Chapter 1 10
CHAPTER 2	An Outline of Virus Replication and Viral Pathogenesis 11
	Virus replication in the cell 13
	Pathogenesis of Viral Infection 13
	Stages of infection 14
	Initial stages of infection — entry of the virus into the host 15
	The incubation period and spread of virus through the host 15

viii

CONTENTS

	Multiplication of virus to high levels — occurrence of disease symptoms 17 The later stages of infection — the immune response 18 The later stages of infection — virus spread to the next individual 19 The later stages of infection — fate of the host 19 Questions for Chapter 2 20
CHAPTER 3	 Virus Disease in Populations and Individual Animals 21 Some viruses with human reservoirs 21 Some viruses with vertebrate animal reservoirs 24 Viruses in Populations 24 Animal Models to Study Viral Pathogenesis 25 A mouse model for studying poxvirus infection and spread 27 Reovirus infection of mice — the convenience of a virus with a fragmented genome for identifying genes involved in pathogenesis 28 Rabies: where is the virus during its long incubation period? 30 Herpes simplex virus latency 32 Murine models 33 Rabbit models 33 Guinea pig models 34 Can virus be spread across "kingdoms"? 34 Questions for Chapter 3 35
CHAPTER 4	 Patterns of Some Viral Diseases of Humans 36 Some viral diseases associated with acute infection followed by virus clearing from the host 36 Colds and respiratory infections 37 Influenza 37 Variola 37 Infection of an "accidental" target tissue leading to permanent damage despite efficient clearing 37 Persistent viral infections 38 Herpesvirus infections and latency 38 Complications arising from persistent infections 39 Viral and subviral diseases with long incubation periods 39 Rabies 40 HIV – AIDS 40 Prion diseases 40 Some Viral Infections Targeting Specific Organ Systems 40 Viral infections of nerve tissue 41 Examples of viral encephalitis with grave prognosis 41 Rabies 41 Herpes encephalitis 42 Viral encephalitis 41 Viral infections of the liver (hepatitis) 43 Hepatitis A 43 Hepatitis B 43 Hepatitis C 43

Æ

Hepatitis D 44 Hepatitis E 44 Questions for Chapter 4 44 Problems for Part I 45 Additional Reading for Part I 47 PART II BASIC PROPERTIES OF VIRUSES AND VIRUS-CELL INTERACTION 49 **CHAPTER 5** Virus Structure and Classification 51 Viral genomes 51 Viral capsids 52 Viral membrane envelopes 55 Classification Schemes 55 The Baltimore scheme of virus classification 57 Disease-based classification schemes for viruses 57 Questions for Chapter 5 59 CHAPTER 6 The Beginning and End of the Virus Replication Cycle 60 Outline of the virus replication cycle 60 Animal virus entry into cells — the role of the cellular receptor 61 Mechanisms of entry of nonenveloped viruses 64 Entry of enveloped viruses 64 Entry of plant virus into cells 65 The injection of bacteriophage DNA into Escherichia coli 67 Nonspecific methods of introducing viral genomes into cells 69 Late Events in Viral Infection: Capsid Assembly and Virion Release 69 Assembly of helical capsids 69 Assembly of icosahedral capsids 71 Generation of the virion envelope and egress of the enveloped virion 75 Questions for Chapter 6 76 **CHAPTER 7** Host Immune Response to Viral Infection: The Nature of the Vertebrate Immune Response 77 The immunological structure of a protein 78 Presentation of Viral Antigens to Immune Reactive Cells 80 Local versus systemic immunity 80 Role of the antigen-presenting cell in initiation of the immune response 82 Clonal selection of immune reactive lymphocytes 85 Immune memory 85 Complement-mediated cell lysis 85 Control and Dysfunction of Immunity 86 Specific viral responses to host immunity 88 Passive evasion of immunity – antigenic drift 88 Passive evasion of immunity - internal sanctuaries for infectious virus 88 Passive evasion of immunity – immune tolerance 89 Active evasion of immunity – immunosuppression 89

	Active evasion of immunity — blockage of MHC antigen presentation 90 Consequences of immune suppression on virus infections 90 Measurement of the Immune Reaction 90 Measurement of cell-mediated (T cell) immunity 90 Measurement of antiviral antibody 91 Enzyme-linked immunosorbent assays (ELISAs) 91 Neutralization tests 91 Inhibition of hemagglutination 92 Complement fixation 93 Questions for Chapter 7 95
CHAPTER 8	 Strategies to Protect Against and Combat Viral Infection 96 Vaccination — Induction of Immunity to Prevent Virus Infection 97 Antiviral vaccines 97 Smallpox and the history of vaccination 97 How a vaccine is produced 98 Live-virus vaccines 100 Recombinant virus vaccines 100 Subunit vaccines 101 Future trends in vaccine development and design 101 Problems with vaccine production and use 102 Eukaryotic Cell-based Defenses Against Virus Replication 102 Interferon 102 Induction of interferon 103 The antiviral state 104 Measurement of interferon activity 104 Antiviral Drugs 106 Targeting antiviral drugs to specific features of the virus replication cycle 106 Acyclovir and the herpesviruses 107 Amantadine and influenza A viruses 108 Chemotherapeutic approaches for HIV 109 Multiple drug therapies to reduce or eliminate mutation to drug resistance 109 Other approaches 110 Bacterial Antiviral Systems — Restriction Endonucleases 110 Questions for Chapter 8 111 Problems for Part II 112 Additional Reading for Part II 115
PART III	WORKING WITH VIRUS 117
CHAPTER 9	Visualization and Enumeration of Virus Particles 119 Using the electron microscope to study and count viruses 119 Counting (enumeration) of virions with the electron

microscope 122

 \oplus

Atomic Force Microscopy — a rapid and sensitive method for visualization of viruses and infected cells, potentially in real time 123

	Indirect methods for "counting" virus particles 125 Questions for Chapter 9 125
CHAPTER 10	Replicating and Measuring Biological Activity of Viruses 127 Cell culture techniques 127 Maintenance of bacterial cells 127 Plant cell cultures 128 Culture of animal and human cells 128 Maintenance of cells in culture 128 Types of cells 128 Loss of contact inhibition of growth and immortalization of primary cells 130
	The Outcome of Virus Infection in Cells 131 Fate of the virus 131 Fate of the cell following virus infection 133 Cell-mediated maintenance of the intra- and intercellular environment 133 Virus-mediated cytopathology — changes in the physical appearance of cells 133 Virus-mediated cytopathology — changes in the biochemical properties of cells 135
	Measurement of the Biological Activity of Viruses 136 Quantitative measure of infectious centers 136 Plaque assays 136 Generation of transformed cell foci 137
	Use of virus titers to quantitatively control infection conditions 137 Examples of plaque assays 138 Statistical analysis of infection 139 Dilution endpoint methods 141 The relation between dilution endpoint and infectious units of virus 141 Questions for Chapter 10 142
CHAPTER 11	 Physical and Chemical Manipulation of the Structural Components of Viruses 144 Viral Structural Proteins 144 Isolation of structural proteins of the virus 145 Size fractionation of viral structural proteins 147 Determining the stoichiometry of capsid proteins 147 The poliovirus capsid — a virion with equimolar capsid proteins 148 Analysis of viral capsids that do not contain equimolar numbers of proteins 149 Characterizing Viral Genomes 151 Sequence analysis of viral genomes 155 Direct measure of DNA genome lengths in the electron microscope 156 Rate zonal sedimentation and gel electrophoresis for measuring viral genome size 156

xi

xii

	Use of renaturation rates to measure nucleic acid size and complexity 158 The polymerase chain reaction — detection and characterization of extremely small quantities of viral genomes or transcripts 160 Questions for Chapter 11 163
CHAPTER 12	 Characterization of Viral Products Expressed in the Infected Cell 165 Characterization of Viral Proteins in the Infected Cell 165 Pulse labeling of viral proteins at different times following infection 165 Use of immune reagents for study of viral proteins 167 Working with antibodies 167 The structure of antibody molecules 167 Monoclonal antibodies 168 Detection of viral proteins using immunofluorescence 170 Related methods for detecting antibodies bound to antigens 172 Use of bacterial staphylococcus A and streptococcus G proteins to detect and isolate antibody-antigen complexes 173 Immunoaffinity chromatography 175 Detecting and Characterizing Viral Nucleic Acids in Infected Cells 177 Detecting the synthesis of viral genomes 177 Characterization of viral mRNA expressed during infection 178 In situ hybridization 179 Further characterization of specific viral mRNA molecules 181 Use of microarray technology for getting a complete picture of the events occurring in the infected cell 182 Questions for Chapter 12 184
CHAPTER 13	 Viruses Use Cellular Processes to Express Their Genetic Information 185 Replication of cellular DNA 186 Expression of mRNA 188 Eukaryotic transcription 188 The promoter and initiation of transcription 188 Posttranscriptional modification of precursor mRNA 191 Visualization and location of splices in eukaryotic transcripts 192 Prokaryotic transcription 196 Prokaryotic RNA polymerase 197 The prokaryotic promoter and initiation of transcription 197 Control of prokaryotic initiation of transcription 198 Termination of transcription 199 Virus-induced changes in transcription and posttranscriptional processing 199 The mechanism of protein synthesis 201 Eukaryotic translation 202 Prokaryotic translation 204 Virus-induced changes in translation 205 Questions for Chapter 13 205

CHAPTER 14 The Molecular Genetics of Viruses 207

Viral genomes 208 Locating sites of restriction endonuclease cleavage on the viral genome – restriction mapping 208 Cloning of fragments of viral genomes using bacterial plasmids 210 Genetic Manipulation of Viral Genomes 214 Mutations in genes and resulting changes to proteins 214 Analysis of mutations 216 Complementation 216 Recombination 216 Isolation of mutants 218 Selection 218 HSV thymidine kinase – a portable selectable marker 218 Screening 219 Deliberate and Accidental Alterations in Viral Genomes as a Result of Laboratory Replication 219 Virulence and attenuation 219 Generation of recombinant viruses 219 Defective virus particles 222 Questions for Chapter 14 223 Problems for Part III 224 Additional Reading for Part III 227

PART IV REPLICATION PATTERNS OF SPECIFIC VIRUSES 229

CHAPTER 15 Replication of Positive-sense RNA Viruses 231 RNA viruses – general considerations 231 A general picture of RNA-directed RNA replication 232 Replication of Positive-sense RNA Viruses Whose Genomes Are Translated as the First Step in Gene Expression 234 Positive-sense RNA Viruses Encoding a Single Large Open Reading Frame 234 Picornavirus replication 234 The poliovirus genetic map and expression of poliovirus proteins 235 The poliovirus replication cycle 237 Picornavirus cytopathology and disease 239 Flavivirus replication 241 Positive-sense RNA Viruses Encoding More Than One Translational Reading Frame 242 Two viral mRNAs are produced in different amounts during togavirus infections 243 The viral genome 243 The virus replication cycle 244 Virus entry 244 Early gene expression 244 Viral genome replication and generation of 26s mRNA 244 Generation of structural proteins 244 Togavirus cytopathology and disease 246

xiv

	A somewhat more complex scenario of multiple translational reading frames and subgenomic mRNA expression: coronavirus replication 248 Coronavirus replication 248 Cytopathology and disease caused by coronaviruses 251 Replication of Plant Viruses with RNA Genomes 251 Viruses with one genome segment 252 Viruses with two genome segments 252 Viruses with three genome segments 252 Replication of Bacteriophages with RNA Genomes 253 Regulated translation of bacteriophage mRNA 253 Questions for Chapter 15 255
CHAPTER 16	 Replication Strategies of RNA Viruses Requiring RNA-directed mRNA Transcription as the First Step in Viral Gene Expression 257 Replication of Negative-sense RNA Viruses with a Monopartite Genome 258 The replication of vesicular stomatitis virus – a model for Mononegavirales 259 The vesicular stomatitis virus virion and genome 259 Generation, capping, and polyadenylation of mRNA 259 The generation of new negative-sense virion RNA 260 The mechanism of host shutoff by vesicular stomatitis virus 263 The cytopathology and diseases caused by rhabdoviruses 264 Paramyxoviruses 264 The pathogenesis of paramyxoviruses 265 Bornaviruses – Negative-sense RNA Viruses with a Multipartite Genome 267 Involvement of the nucleus in flu virus replication 267 Generation of new flu nucleocapsids and maturation of the virus 268 Influenza A epidemics 270 Other Negative-sense RNA Viruses with Multipartite Genomes 272 Bunyaviruses 275 Virus structure and replication 272 Pathogenesis 275 Virus gene expression 275 Pathogenesis 275 Viruse with Double-stranded RNA Genomes 276 Reovirus structure 276 The reovirus replication cycle 276 Pathogenesis 279 Hepatitis delta virus 279 Viroids 281 Prions 282 Questions for Chapter 16 284

CHAPTER 17	Replication Strategies of Small and Medium-sized DNA Viruses 286
	DNA viruses express genetic information and replicate their genomes
	in similar, yet distinct, ways 286
	Papovavirus Replication 288
	Replication of SV40 virus — the model polyomavirus 288
	The SV40 genome and genetic map 291
	The control region 291
	The early transcription unit 291
	The late transcription unit 292
	The polyadenylation region 292
	Productive infection by SV40 292
	Virus attachment and entry 293
	Early gene expression 293
	The role of T antigen in viral DNA replication and the early/late
	transcription switch 293
	Abortive infection of cells nonpermissive for SV40 replication 295
	The replication of papillomaviruses 296
	The HPV-16 genome 298
	Virus replication and cytopathology 299
	The Replication of Adenoviruses 299
	Physical properties of adenovirus 301
	Capsid structure 301
	The adenovirus genome 301
	The adenovirus replication cycle 301
	Early events 301
	Adenovirus DNA replication 301
	Late gene expression 303
	VA transcription and cytopathology 303
	Transformation of nonpermissive cells by adenovirus 303
	Replication of Some Single-stranded DNA Viruses 305
	Replication of parvoviruses 305
	Dependovirus DNA integrates in a specific site in the host cell
	genome 305
	Parvoviruses have potentially exploitable therapeutic
	applications 306
	DNA viruses infecting vascular plants 307
	Geminiviruses 307
	The single-stranded DNA bacteriophage Φ X174 packages its genes
	very compactly 307
	Questions for Chapter 17 309
CHAPTER 18	Deplication of Same Nuclear replication Fultranatic DNA
CHAPIER IO	Replication of Some Nuclear-replicating Eukaryotic DNA
	Viruses with Large Genomes 311
	Herpesvirus Replication and Latency 312
	The herpesviruses as a group 312
	General features 312
	Genetic complexity of herpesviruses 312
	Common features of herpesvirus replication in the host 313 The replication of HSV 313

xv

xvi

CONTENTS

The HSV virion 313 The viral genome 313 HSV productive infection 319 Initial steps in infection: virus entry 319 Immediate-early gene expression 320 Early gene expression 323 Genome replication and late gene expression 323 Virus assembly and release 323 Latent infections with herpesviruses 325 HSV latency and reactivation 326 HSV transcription during latency and reactivation 329 Specific HSV genes whose function may be to accommodate reactivation 329 EBV latent infection, a different set of problems and answers 330 Pathology of herpesvirus infections 331 Herpesviruses as infectious co-carcinogens 332 Baculovirus, an Insect Virus with Important Practical Uses in Molecular Biology 333 Virion structure 333 Viral gene expression and genome replication 333 Pathogenesis 334 Importance of baculoviruses in biotechnology 334 Questions for Chapter 18 334 CHAPTER 19 Replication of Cytoplasmic DNA Viruses and "Large" Bacteriophages 336 Poxviruses – DNA Viruses That Replicate in the Cytoplasm of Eukaryotic Cells 337 The pox virion is complex and contains virus-coded transcription enzymes 337 The poxvirus replication cycle 338 Early events 338 Intermediate stages of replication 340 Late events in the replication cycle 340 Pathogenesis and history of poxvirus infections 340 Is smallpox virus a potential biological terror weapon? 341 Replication of "Large" DNA-containing Bacteriophages 342 Components of large DNA-containing phage virions 342 Replication of phage T7 342 The genome 342 Phage-controlled transcription 342 The practical value of T7 343 T4 bacteriophage: the basic model for all DNA viruses 343 The T4 genome 343 Regulated gene expression during T4 replication 345 Capsid maturation and release 346 Replication of phage λ : a "simple" model for latency and reactivation 346 The phage λ genome 348

Phage λ gene expression immediately after infection 348 The action of cro: lytic growth 350 Modulating the activity of the N protein: priming the cell for lysogeny 350 Action of cI, cII, and cIII: establishment of lysogeny 350 Integration of λ DNA: generation of the prophage 350 Biochemistry of the decision between lytic and lysogenic infection in E. coli 350 Competition for binding by cro and cI at the operator O_p 350 Factors affecting the lytic/lysogenic "decision" 351 A Group of Algal Viruses Shares Features of Its Genome Structure with Poxviruses and Bacteriophages 351 Questions for Chapter 19 352 CHAPTER 20 Retroviruses: Converting RNA to DNA 356 Retrovirus Families and Their Strategies of Replication 357 The molecular biology of retrovirus 358 Retrovirus structural proteins 358 The retrovirus genome 359 The $R:U_5:(PB)$:leader region 360 The gag, gag:prot:pol, and env genes 360 The 3' end of the genome 360 Genetic maps of representative retroviruses 360 Oncornaviruses 360 Human T-cell leukemia virus (HTLV) 362 Lentiviruses such as human immunodeficiency virus 362 Replication of retroviruses: an outline of the replication process 362 Initiation of infection 362 Generation of cDNA 362 Migration of the cDNA (with integrase) into the nucleus 362 Expression of viral mRNA and RNA genomes 364 Capsid assembly and maturation 364 Action of reverse transcriptase and RNase H in synthesis of cDNA 364 Transcription and translation of viral mRNA 366 Capsid assembly and morphogenesis 366 Mechanisms of Retrovirus Transformation 366 Transformation through the action of a viral oncogene - a subverted cellular growth control gene 367 Oncornavirus alteration of normal cellular transcriptional control of growth regulation 368 Oncornavirus transformation by growth stimulation of neighboring cells 369 Viruses and cancer – a reprise 370 Destruction of the Immune System by HIV 371 Cellular Genetic Elements Related to Retroviruses 372 Retrotransposons 374 The relationship between transposable elements and viruses 375 Questions for Chapter 20 375

xvii

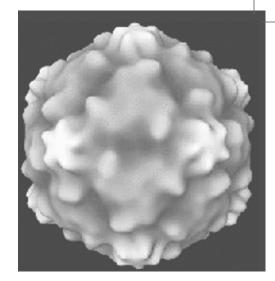
xviii

CHAPTER 21	Hepadnaviruses: Variations on the Retrovirus Theme 377 The virion and the viral genome 377 The viral replication cycle 379 The pathogenesis of hepatitis B virus 379 A plant "hepadnavirus": cauliflower mosaic virus 380 Genome structure 380 Viral gene expression and genome replication 380 The evolutionary origin of hepadnaviruses 381 Questions for Chapter 21 382
CHAPTER 22	 Viruses and the Future – Promises and Problems 383 Clouds on the horizon – emerging disease 383 Sources and causes of emergent virus disease 385 The threat of bioterrorism 386 What are the prospects of using medical technology to eliminate specific viral and other infectious diseases? 387 Silver linings – viruses as therapeutic agents 388 Viruses for gene delivery 388 Using viruses to destroy other viruses 390 Why study virology? 390 Questions for Chapter 22 391 Discussion and Study Questions for Part IV 392 Additional Reading for Part IV 401
APPENDIX	Resource Center 404 Books of historical and basic value 404 Books on virology 405 Molecular biology and biochemistry texts 406 Detailed sources 406 Sources for experimental protocols 406 The Internet 407 Virology sites 407 Important websites for organizations and facilities of interest 408
T 1 1 1 01	(00

Technical Glossary 409 Index 428

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Preface



Viruses have historically flickered in and out of the public consciousness. In the four years since we finished the first edition of *Basic Virology* much has happened, both in the world and in virology, to fan the flames of this awareness.

In this period we have seen the development of a vaccine to protect women against human papilloma virus type 16. This major advance could well lead to a drastic reduction in the occurrence of cervical cancer. In addition, viruses as gene delivery vectors have increased the prospect of targeted treatments for a number of genetic diseases. The heightened awareness and importance of the epidemiological potential of viruses, both in natural and man-caused outbreaks, has stimulated the search for both prophylactic and curative treatments.

However, the events of September 11, 2001 dramatically and tragically altered our perceptions. A new understanding of threat now pervades our public and private actions. In this new arena, viruses have taken center stage as the world prepares for the use of infectious agents such as small-pox in acts of bioterrorism.

Naturally occurring virological issues also continue to capture our attention. West Nile virus, originally limited to areas of North Africa and the Middle East, has utilized the modern transportation network to arrive in North America. Its rapid spread to virtually every state in the union has been both a public health nightmare and a vivid demonstration of the opportunism of infectious diseases. The continuing AIDS pandemic reminds us of the terrible cost of this opportunism.

It is against this backdrop of hope and concern that we have revised Basic Virology.

This book is based on more than 40 years in aggregate of undergraduate lectures on virology commencing in 1970 given by the co-authors at the University of California, Irvine (UCI) and the University of Arizona. The field of virology has matured and grown immensely during this time, but one of the major joys of teaching this subject continues to be the solid foundation it provides in topics running the gamut of the biological sciences. Concepts range from population dynamics and population ecology, through evolutionary biology and theory, to the most fundamental and detailed analyses of the biochemistry and molecular biology of gene expression and biological structures. Thus, teaching virology has been a learning tool for us as much, or more, than it has been for our students.

Our courses are consistently heavily subscribed, and we credit that to the subject material, certainly not to any special performance tricks or instructional techniques. Participants have been mainly premedical students, but we have enjoyed the presence of other students bound for postgraduate studies, as well as a good number of those who are just trying to get their degree and get out of the "mill" and into the "grind."

At UCI, in particular, the course had a tremendous enrollment (approximately 250 students per year) in the past 5 to 8 years, and it has become very clear that the material is very challenging for a

PREFACE

sizable minority studying it. While this is good, the course was expanded in time to five hours per week for a 10-week quarter to accommodate only those students truly interested in being challenged. Simply put, there is a lot of material to master, and mastery requires a solid working knowledge of basic biology, but most importantly, the desire to learn. This "experiment" has been very successful, and student satisfaction with the expanded course is, frankly, gratifying. To help students acquire such working knowledge, we have encouraged further reading. We have also included a good deal of reinforcement material to help students learn the basic skills of molecular biology and rudimentary aspects of immunology, pathology, and disease. Further, we have incorporated numerous study and discussion questions at the end of chapters and sections to aid in discussion of salient points.

It is our hope that this book will serve as a useful text and source for many undergraduates interested in acquiring a solid foundation in virology and its relationship to modern biology. It is also hoped that the book may be of use to more advanced workers who want to make a quick foray into virology but who do not want to wade through the details present in more advanced works.

New to the second edition

The text retains our organizational format. As before, Part I concerns the interactions of viruses and hot populations, Part II is about the experimental details of virus infection, Part III discusses the tools used in the study of viruses, and Part IV is a detailed examination of families and groupings of viruses. We have found, in our own teaching and in comments from colleagues, that this has been a useful approach. We have also kept our emphasis on problem solving and on the provision of key references for further study.

What is new in the second edition has been driven by changes in virology and in the tools used to study viruses. Some of these changes and additions include:

- a discussion of bioterrorism and the threat of viruses as weapons;
- updated information on emerging viruses such as West Nile, and their spread;
- current state of HIV antiviral therapies;
- discussions of viral genomics in cases where sequencing has been completed;

• discussion of cutting-edge technologies, such as atomic force microscopy and DNA microarray analysis; and

• updated glossary and reference lists.

We have, throughout the revision, tried to give the most current understanding of the state of knowledge for a particular virus or viral process. We have been guided by a sense of what our students need in order to appreciate the complexity of the virological world and to come away from the experience with some practical tools for the next stages in their careers.

Text organization

Virology is a huge subject, and can be studied from many points of view. We believe that coverage from the most general aspects to more specific examples with corresponding details is a logical way to present an overview, and we have organized this text accordingly. Many of our students are eagerly pursuing careers in medicine and related areas, and our organization has the added advantage that their major interests are addressed at the outset. Further development of material is intended to encourage the start of a sophisticated understanding of the biological basis of medical problems, and to introduce sophistication as general mastery matures. We are fully aware that the organization reflects our prejudices and backgrounds as molecular biologists, but hopefully it will not deter those with a more population-based bias from finding some value in the material.

Following this plan, the book is divided into four sections, each discussing aspects of virology in greater molecular detail. General principles such as approaches toward understanding viral disease

XX

and its spread, the nature of viral pathogenesis, and the mechanistic basis for these principles are repeatedly refined and applied to more detailed examples as the book unfolds.

Part I covers the interactions between viruses and populations and the impact of viral disease and its study on our ever-expanding understanding of the molecular details behind the biological behavior of populations. A very basic discussion of theories of viral origins is presented, but not stressed. This was an editorial decision based on our opinion that a satisfactory molecular understanding of the relationship between biological entities will require an appreciation and mastery of the masses of comparative sequence data being generated now and into the next several decades.

The major material covered in this introductory section is concerned with presenting a generally consistent and experimentally defensible picture of viral pathogenesis and how this relates to specific viral diseases — especially human disease. The use of animal models for the study of disease, which is a requisite for any careful analysis, is presented in terms of several well-established systems that provide general approaches applicable to any disease. Finally, the section concludes with a description of some important viral diseases organized by organ system affected.

Part II introduces experimental studies of how viruses interact with their hosts. It begins with some basic descriptions of the structural and molecular basis of virus classification schemes. While such schemes and studies of virus structure are important aspects of virology, we have not gone into much detail in our discussion. We believe that such structural studies are best covered in detail after a basic understanding of virus replication and infection is mastered; then further detailed study of any one virus or virus group can be digested in the context of the complete picture. Accordingly, more detailed descriptions of some virus structures are covered in later chapters in the context of the techniques they illustrate.

This elementary excursion into structural virology is followed by an in-depth general discussion of the basic principles of how viruses recognize and enter cells and how they assemble and exit the infected cell. This chapter includes an introduction to the interaction between animal and bacterial viruses and the cellular receptors that they utilize in entry. It concludes with a description of virus maturation and egress. While it can be argued that these two aspects of virus infection are the "soup and nuts" of the process and do not belong together, we would argue that many of the same basic principles and approaches for the study of the one are utilized in understanding the other. Further, by having the beginnings and ends of infection in one integrated unit, the student can readily begin to picture the fact that virus infection cannot take place without the cell, and that the cell is a vital part of the process from beginning to end.

Part II concludes with two chapters describing how the host responds to viral infections. The first of these chapters is a basic outline of the vertebrate immune response. We believe that any understanding of virus replication must be based on the realization that virus replication in its host evokes a large number of complex and highly evolved responses. It just makes no sense to attempt to teach virology without making sure that students understand this fact. While the immune system is (to a large degree) a vertebrate response to viral infection, understanding it is vital to understanding the experimental basis of much of what we know of disease and the effects of viral infections on cells. The last chapter in this section deals with the use of immunity and other tools in combating viral infection. While "natural" cell-based defenses such as interferon responses and restriction endonucleases are described, the emphasis is on the understanding of virus replication and host responses in countering and preventing virus-induced disease. It seems logical to conclude this section with a description of vaccines and antiviral drug therapy since these, too, are important host responses to virus infection and disease.

Experimental descriptions of some of the tools scientists use to study virus infections, and the basic molecular biological and genetic principles underlying these tools are described in **Part III**. We emphasize the quantitative nature of many of these tools, and the use that such quantitative information can be put to. This organization ensures that a student who is willing to keep current

PREFACE

with the material covered in preceding chapters will be able to visualize the use of these tools against a background understanding of some basic concepts of pathology and disease.

The section begins with the use of the electron microscope in the study of virus infection and virus structure, and, perhaps as importantly, in counting viruses. While some of our colleagues would argue that such material is "old-fashioned" and detracts from discussion of modern methodology, we would argue that the fundamental quantitative nature of virology really requires a full understanding of the experimental basis of such quantitation. Accordingly, we have included a fairly complete description of virus assay techniques, and the statistical interpretation of such information. This includes a fairly thorough discussion of cell culture technology and the nature of cultured cells.

The next two chapters introduce a number of experimental methods for the study and analysis of virus infection and viral properties. Again, while we attempt to bring in important modern technology, we base much of our description on the understanding of some of the most basic methods in molecular biology and biochemistry. These include the use of differential centrifugation, incorporation of radioactive tracers into viral products, and the use of immune reagents in detecting and characterizing viral products in the infected cell. We have also included basic descriptions of the methodology of cloning recombinant DNA and sequencing viral genomes. We are well aware that there are now multitudes of novel technical approaches, many using solid-state devices, but all such devices and approaches are based on fundamental experimental principles and are best understood by a description of the original technology developed to exploit them.

Since virology can only be understood in the context of molecular processes occurring inside the cell, we include in Part III a chapter describing (essentially reviewing) the molecular biology of cellular gene expression and protein synthesis. Part III concludes with a brief overview of some of the principles of molecular and classic genetics that have special application to the study of viruses. The basic processes of using genetics to characterize important mutations and to produce recombinant genomes are an appropriate ending point for our general description of the basics of virology.

Part IV, which essentially comprises the book's second half, deals with the replication processes of individual groups of viruses. We emphasize the replication strategies of viruses infecting vertebrate hosts, but include discussions of some important bacterial and plant viruses to provide scope. The presentation is roughly organized according to increasing complexity of viral gene expression mechanisms. Thus, it follows a modified "Baltimore"-type classification. The expression of viral proteins is implicitly taken as the fundamental step in virus gene expression, and accordingly, those viruses that do not need to transcribe their genomes prior to translation of viral proteins (the "simple" positive-sense RNA viruses) are described first.

The description of viruses that use RNA genomes but that must transcribe this RNA into messenger RNA (mRNA) prior to viral gene expression follows. We logically include the replication of viruses using double-stranded RNA and "subviral" pathogens in this chapter. Somewhat less logically, we include a short discussion of the nature of prions here. This is not because we wish to imply that these pathogens utilize an RNA genome (they almost certainly do not), but rather because the techniques for their study are based in the virologist's "tool kit." Also, the problems engendered by prion pathogenesis are similar in scope and potential for future concern to those posed by numerous "true" viruses.

Organization of DNA viruses generally follows the complexity of encoded genetic information, which is roughly inversely proportional to the amount of unmodified cellular processes utilized in gene expression. According to this scheme, the poxviruses and the large DNA-containing bacteriophages rather naturally fall into a single group, as all require the expression of their own or highly modified transcription machinery in the infected cell.

We complete the description of virus replication strategies with two chapters covering retroviruses and their relatives. We depart from a more usual practice of placing a discussion of retrovirus replication as a "bridge" between discussions of replication strategies of viruses with RNA or DNA genomes, respectively, for a very good reason. We believe that the subtle manner by which retro-

xxii

PREFACE

viruses utilize cellular transcription and other unique aspects in their mode of replication is best understood by beginning students in the context of a solid background of DNA-mediated gene expression illustrated by DNA viruses. Further, while arguments can be made for covering the lentiviruses (such as HIV) in a separate chapter, it seems more logical to include them with the other retroviruses, to contrast and compare their similarities and differences.

The final chapter in this section is included for balance and closure. Clearly, some of the students taking this course will be continuing their studies in much greater depth, but many students may not. It is important to try to remind both groups of the general lessons that can be learned and (perhaps) remembered by their first (and possibly only) excursion into virology.

Specific features of this text designed to aid instructors and students in pursuing topics in greater depth

Depth of coverage

This book is intended as a basic text for a course that can be covered fully in a single semester. Clearly, the coverage is not deep, nor is such depth necessary for such an introduction. While the first solid virology text emphasizing molecular biology, *General Virology* by S. E. Luria and (later) by J. E. Darnell, was only about half the length of this present text, it covered much of what was known in virology to a high level of completion. The present wealth of our detailed mechanistic knowledge of biological processes (one of the glories of modern biology) cannot be condensed in any meaningful way. More detailed information on individual virus groups or topics covered in this text can be found in their own dedicated books. For similar reasons, we have generally eschewed citing contributions by individual scientists by name. This is certainly not to denigrate such contributions, but is in recognition of the fact that a listing of the names and efforts of all who have participated in the discoveries leading to modern molecular biology and medicine would fill several books the size of this one.

Sources for further study

We have provided the means of increasing the depth of coverage so that instructors or students can pursue their own specific interests in two ways. First, we suggest appropriate further reading at the end of each section. Second, we include a rather extensive survey of sources on virology and the techniques for the study of viruses in an appendix following the body of the text. We hope that these sources will be used because we are convinced that students must be presented with source material and encouraged to explore on their own at the start of this study. Mastery of the literature (if it is ever really possible) comes only by experience and ease of use of primary sources. This comes, in turn, by undergraduate, graduate, and postgraduate students assimilating the appreciation of those sources. Therefore, the detailed foundations of this very brief survey of the efforts of innumerable scientists and physicians carried out over a number of centuries are given the prominence they deserve.

The Internet

The Internet is providing a continually expanding source of up-to-date information concerning a vast number of topics. We have carried out an opinionated but reasonably thorough survey of websites that should be of use to both students and instructors in developing topics in-depth. This survey is included in the appendix. To maximize flexibility and timeliness of our coverage of individual viruses in Part IV, we include as many sites on the Web dedicated to specific viruses as we could locate that we found to be useful. One word of caution, however: While some websites are carefully reviewed, and frequently updated, others may not be. *Caveat emptor*! xxiv

PREFACE

Chapter outlines

We include an outline of the material covered in each section and each chapter at their respective beginnings. This is to provide a quick reference that students can skim and use for more detailed chapter study. These outlines also provide a ready list of the topics covered for the instructor.

Review material

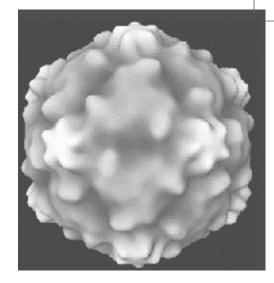
Each chapter is followed with a series of relatively straightforward review questions. These are approximately the level and complexity that we use in our midterm and final exams. They should be of some value in discussion sections and informal meetings among groups of students and instructors. Rather more integrative questions are included at the end of each major section of the book. These are designed to be useful in integrating the various concepts covered in the individual chapters.

Glossary

Because a major component of learning basic science is mastery of the vocabulary of science, we include a glossary of terms at the end of the text. Each term is highlighted at its first usage in the body of the text.

Please also see the dedicated website www.blackwellpublishing.com/wagner

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